

## MACR Sharks

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## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
 # = Season Best, \* = Lifetime Best

**8&UN FEMALE**

Alexandra Coleman		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BACKSTROKE	:50.49	:50.49			:52.86		
25 BREASTSTROKE	:30.78	:30.78			*# :30.78		
25 FREESTYLE	:19.25	:19.25	:20.55	:20.55	*# :19.25	1.30	1.30
<b>Season Best:</b> 2 OF 3 66.7%		<b>Lifetime: Best:</b> 2 OF 3 66.7%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> 1.30 / .65 sec		<b>Lifetime Toal/Average:</b> 1.30 / .65 sec					

Chyenne Collings		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:32.68	:32.68			*# :32.68		
25 BACKSTROKE	:28.90	:28.90			*# :28.90		
<b>Season Best:</b> 2 OF 2 100.0%		<b>Lifetime: Best:</b> 2 OF 2 100.0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b>		<b>Lifetime Toal/Average:</b>					

Rachel Goddard		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:19.08	:19.08			:19.26		
25 BACKSTROKE	:24.45	:24.45			:24.77		
50 BREASTSTROKE	:57.57	:57.57			*# :57.57		
<b>Season Best:</b> 1 OF 3 33.3%		<b>Lifetime: Best:</b> 1 OF 3 33.3%				<b># Goal Times:</b>	
<b>Season Total/Average:</b>		<b>Lifetime Toal/Average:</b>					

Raquel Green		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:27.24	:27.24			*# :27.24		
50 BACKSTROKE	1:07.50	1:07.50			*# 1:07.50		
<b>Season Best:</b> 2 OF 2 100.0%		<b>Lifetime: Best:</b> 2 OF 2 100.0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b>		<b>Lifetime Toal/Average:</b>					

Olivia Kline		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:21.78	:21.78			:22.51		
25 BACKSTROKE	:24.27	:24.27	:26.69	:26.69	*# :24.27	2.42	2.42
25 BREASTSTROKE	:35.44	:35.44	:44.40	:44.40	*# :35.44	8.96	8.96
<b>Season Best:</b> 2 OF 3 66.7%		<b>Lifetime: Best:</b> 2 OF 3 66.7%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> 11.38 / 5.69 sec		<b>Lifetime Toal/Average:</b> 11.38 / 5.69 sec					

Emily Kraemer		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 BREASTSTROKE	:33.24	:33.24			*# :33.24		
25 BUTTERFLY	:17.72	:17.72	:18.38	:18.38	*# :17.72	.66	.66
50 FREESTYLE	:39.99	:39.99	:40.31	:40.31	*# :39.99	.32	.32
<b>Season Best:</b> 3 OF 3 100.0%		<b>Lifetime: Best:</b> 3 OF 3 100.0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> .98 / .33 sec		<b>Lifetime Toal/Average:</b> .98 / .33 sec					

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Julia McDowell		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
25	BACKSTROKE	:27.78	:27.78	:29.32	:29.32	*# :27.78	1.54 1.54
25	FREESTYLE	:23.65	:23.65			:24.29	
<b>Season Best:</b>		1 OF 2	50.0%	<b>Lifetime: Best:</b>		1 OF 2	50.0%
<b>Season Total/Average:</b>		1.54 / 1.54 sec		<b>Lifetime Total/Average:</b>		1.54 / 1.54 sec	
						<b># Goal Times:</b>	

Brinley Milbrath		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50	BACKSTROKE	:49.26	:49.26			:52.85	
25	BUTTERFLY	:25.87	:25.87			*# :25.87	
100	INDIV. MEDLEY	2:01.37	2:01.37			*# 2:01.37	
<b>Season Best:</b>		2 OF 3	66.7%	<b>Lifetime: Best:</b>		2 OF 3	66.7%
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			
						<b># Goal Times:</b>	

Dana Riley		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
25	FREESTYLE	:23.68	:23.68			:26.11	
25	BACKSTROKE	:30.42	:30.42			:33.01	
25	BUTTERFLY	:30.04	:30.04			*# :30.04	
<b>Season Best:</b>		1 OF 3	33.3%	<b>Lifetime: Best:</b>		1 OF 3	33.3%
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			
						<b># Goal Times:</b>	

Hannah Steinke		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
25	FREESTYLE	:20.87	:20.87			:21.21	
50	FREESTYLE	:45.89	:45.89			:46.91	
25	BREASTSTROKE	:30.13	:30.13	:32.67	:32.67	*# :30.13	2.54 2.54
<b>Season Best:</b>		1 OF 3	33.3%	<b>Lifetime: Best:</b>		1 OF 3	33.3%
<b>Season Total/Average:</b>		2.54 / 2.54 sec		<b>Lifetime Total/Average:</b>		2.54 / 2.54 sec	
						<b># Goal Times:</b>	

**8&UN FEMALE**      *Total Season Bests 17 of 27, 63.0%*      *Total Lifetime Bests 17 of 27, 63.0%*  
*Season Total/Average 17.74 / 1.04 sec*      *Lifetime Total/Average 17.74 / 1.04 sec*

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Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
# = Season Best, \* = Lifetime Best

**9-10 FEMALE**

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Stephanie Botkin</b>								F	
50	FREESTYLE	:44.26	:44.26	:48.60	:48.60	*# :44.26	4.34	4.34	
50	BREASTSTROKE	:52.07	:52.07	:55.04	:55.04	*# :52.07	2.97	2.97	
<b>Season Best:</b>		2 OF 2 100.0%		<b>Lifetime: Best:</b>		2 OF 2 100.0%		# Goal	
<b>Season Total/Average:</b>		7.31 / 3.66 sec		<b>Lifetime Toal/Average:</b>		7.31 / 3.66 sec		<b>Times:</b>	

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Erica Fagerbakke</b>								F	
50	FREESTYLE	:49.61	:49.61			*# :49.61			
100	BREASTSTROKE	2:06.29	2:06.29			*# 2:06.29			
50	BREASTSTROKE	:53.48	:53.48			:56.41			
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%		# Goal	
<b>Season Total/Average:</b>				<b>Lifetime Toal/Average:</b>				<b>Times:</b>	

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Samantha Fitzgerald</b>								F	
100	BREASTSTROKE	1:34.54	1:34.54	1:39.72	1:39.72	*# 1:34.54	5.18	5.18	
50	BUTTERFLY	:39.21	:39.21	:39.86	:39.86	*# :39.21	.65	.65	
100	INDIV. MEDLEY	1:26.51	1:26.51			1:26.74			
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%		# Goal	
<b>Season Total/Average:</b>		5.83 / 2.92 sec		<b>Lifetime Toal/Average:</b>		5.83 / 2.92 sec		<b>Times:</b>	

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Lawryn Fraley</b>								F	
50	FREESTYLE	:48.74	:48.74	:57.82	:57.82	*# :48.74	9.08	9.08	
50	BACKSTROKE	:51.16	:51.16			DQ			
50	BREASTSTROKE	:53.60	:53.60	:55.62	:55.62	*# :53.60	2.02	2.02	
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%		# Goal	
<b>Season Total/Average:</b>		11.10 / 5.55 sec		<b>Lifetime Toal/Average:</b>		11.10 / 5.55 sec		<b>Times:</b>	

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Julie Ann Goddard</b>								F	
50	FREESTYLE	:37.07	:37.07			:37.40			
100	FREESTYLE	1:25.80	1:25.80			*# 1:25.80			
100	INDIV. MEDLEY	1:34.82	1:34.82			1:39.75			
<b>Season Best:</b>		1 OF 3 33.3%		<b>Lifetime: Best:</b>		1 OF 3 33.3%		# Goal	
<b>Season Total/Average:</b>				<b>Lifetime Toal/Average:</b>				<b>Times:</b>	

						Season Best		Lifetime Best	
		Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
<b>Sydney Green</b>								F	
50	BREASTSTROKE	:51.79	:51.79	:55.25	:55.25	*# :51.79	3.46	3.46	
50	BUTTERFLY	:51.68	:51.68			*# :51.68			
<b>Season Best:</b>		2 OF 2 100.0%		<b>Lifetime: Best:</b>		2 OF 2 100.0%		# Goal	
<b>Season Total/Average:</b>		3.46 / 1.73 sec		<b>Lifetime Toal/Average:</b>		3.46 / 1.73 sec		<b>Times:</b>	

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Jennifer Long		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
50 BACKSTROKE	:59.66	:59.66			*# :59.66	
50 BREASTSTROKE	:57.70	:57.70	:58.41	:58.41	*# :57.70	.71
50 FREESTYLE	:49.42	:49.42			:54.80	
<b>Season Best:</b>	2 OF 3	66.7%			<b>Lifetime: Best:</b>	2 OF 3 66.7%
<b>Season Total/Average:</b>	.71 / .35 sec				<b>Lifetime Total/Average:</b>	.71 / .35 sec
						<b># Goal Times:</b>

Myah McCoy		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
100 FREESTYLE	1:29.01	1:29.01	1:29.94	1:29.94	*# 1:29.01	.93
200 FREESTYLE	3:01.04	3:01.04	3:12.11	3:12.11	*# 3:01.04	11.07
100 INDIV. MEDLEY	1:41.06	1:41.06	1:43.93	1:43.93	*# 1:41.06	2.87
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3 100.0%
<b>Season Total/Average:</b>	14.87 / 4.96 sec				<b>Lifetime Total/Average:</b>	14.87 / 4.96 sec
						<b># Goal Times:</b>

Anne Riley		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
50 FREESTYLE	:58.70	:58.70			1:00.33	
50 BREASTSTROKE	1:01.18	1:01.18	1:07.72	1:07.72	*# 1:01.18	6.54
<b>Season Best:</b>	1 OF 2	50.0%			<b>Lifetime: Best:</b>	1 OF 2 50.0%
<b>Season Total/Average:</b>	6.54 / 6.54 sec				<b>Lifetime Total/Average:</b>	6.54 / 6.54 sec
						<b># Goal Times:</b>

Kirsten Siebenga		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
50 BREASTSTROKE	:46.13	:46.13	:47.06	:47.06	*# :46.13	.93
100 BREASTSTROKE	1:39.88	1:39.88	1:43.56	1:43.56	*# 1:39.88	3.68
100 FREESTYLE	1:24.14	1:24.14			*# 1:24.14	
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3 100.0%
<b>Season Total/Average:</b>	4.61 / 1.54 sec				<b>Lifetime Total/Average:</b>	4.61 / 1.54 sec
						<b># Goal Times:</b>

Kari Tanberg		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
100 BACKSTROKE	1:29.52	1:29.52			1:31.81	
100 BREASTSTROKE	1:49.53	1:49.53			*# 1:49.53	
200 FREESTYLE	2:58.47	2:58.47	3:11.75	3:11.75	*# 2:58.47	13.28
<b>Season Best:</b>	2 OF 3	66.7%			<b>Lifetime: Best:</b>	2 OF 3 66.7%
<b>Season Total/Average:</b>	13.28 / 6.64 sec				<b>Lifetime Total/Average:</b>	13.28 / 6.64 sec
						<b># Goal Times:</b>

Kayla Thompson		F			Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement
100 FREESTYLE	1:50.27	1:50.27			*# 1:50.27	
100 BREASTSTROKE	2:09.98	2:09.98			*# 2:09.98	
100 INDIV. MEDLEY	1:49.80	1:49.80			*# 1:49.80	
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3 100.0%
<b>Season Total/Average:</b>					<b>Lifetime Total/Average:</b>	
						<b># Goal Times:</b>

**9-10 FEMALE**      *Total Season Bests 25 of 33, 75.8%*      *Total Lifetime Bests 25 of 33, 75.8%*  
*Season Total/Average 67.71 / 2.71 sec*      *Lifetime Total/Average 67.71 / 2.71 sec*

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**11-12 FEMALE**

Kaitlin Ackerman		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:32.85	:32.85			:33.58		
50 BACKSTROKE	:38.52	:38.52	:39.16	:39.16	*# :38.52	.64	.64
100 FREESTYLE	1:13.68	1:13.68			1:16.95		
<b>Season Best:</b>		1 OF 3 33.3%		<b>Lifetime: Best:</b>		1 OF 3 33.3%	
<b>Season Total/Average:</b>		.64 / .64 sec		<b>Lifetime Toal/Average:</b>		.64 / .64 sec	
						<b># Goal</b>	<b>Times:</b>

Jessica Arebaugh		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:29.07	:29.07			:29.18		
50 BREASTSTROKE	:41.50	:41.50			*# :41.50		
100 INDIV. MEDLEY	1:15.79	1:15.79	1:16.76	1:16.76	*# 1:15.79	.97	.97
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		.97 / .49 sec		<b>Lifetime Toal/Average:</b>		.97 / .49 sec	
						<b># Goal</b>	<b>Times:</b>

Hannah Botkin		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
100 FREESTYLE	1:18.82	1:18.82	1:32.08	1:32.08	*# 1:18.82	13.26	13.26
50 BACKSTROKE	:37.17	:37.17	:38.39	:38.39	*# :37.17	1.22	1.22
50 BREASTSTROKE	:45.94	:45.94			:47.38		
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		14.48 / 7.24 sec		<b>Lifetime Toal/Average:</b>		14.48 / 7.24 sec	
						<b># Goal</b>	<b>Times:</b>

Lauren Dalecky		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:41.55	:41.55	:42.02	:42.02	*# :41.55	.47	.47
100 BREASTSTROKE	1:35.07	1:35.07			1:35.74		
100 INDIV. MEDLEY	1:30.13	1:30.13	1:30.72	1:30.72	*# 1:30.13	.59	.59
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		1.06 / .53 sec		<b>Lifetime Toal/Average:</b>		1.06 / .53 sec	
						<b># Goal</b>	<b>Times:</b>

Alexa Klimes		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:33.39	:33.39	:33.79	:33.79	*# :33.39	.40	.40
100 FREESTYLE	1:14.61	1:14.61			1:15.34		
50 BACKSTROKE	:39.03	:39.03			:39.38		
<b>Season Best:</b>		1 OF 3 33.3%		<b>Lifetime: Best:</b>		1 OF 3 33.3%	
<b>Season Total/Average:</b>		.40 / .40 sec		<b>Lifetime Toal/Average:</b>		.40 / .40 sec	
						<b># Goal</b>	<b>Times:</b>

Marisa MacVey		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:37.29	:37.29	:37.89	:37.89	*# :37.29	.60	.60
50 BUTTERFLY	:43.12	:43.12	:46.18	:46.18	*# :43.12	3.06	3.06
100 INDIV. MEDLEY	1:41.97	1:41.97			*# 1:41.97		
<b>Season Best:</b>		3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	
<b>Season Total/Average:</b>		3.66 / 1.22 sec		<b>Lifetime Toal/Average:</b>		3.66 / 1.22 sec	
						<b># Goal</b>	<b>Times:</b>

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Henna McCoy		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
100 FREESTYLE	1:10.62	1:10.62			1:11.24		
50 BACKSTROKE	:35.80	:35.80	:36.50	:36.50	*# :35.80	.70	.70
50 BUTTERFLY	:35.94	:35.94	:36.12	:36.12	*# :35.94	.18	.18
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		.88 / .44 sec		<b>Lifetime Total/Average:</b>		.88 / .44 sec	
						<b># Goal Times:</b>	

Lauren Reynolds		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 BREASTSTROKE	:39.29	:39.29	:41.02	:41.02	*# :39.29	1.73	1.73
50 BUTTERFLY	:35.15	:35.15			:36.07		
100 INDIV. MEDLEY	1:18.35	1:18.35	1:24.48	1:24.48	*# 1:18.35	6.13	6.13
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		7.86 / 3.93 sec		<b>Lifetime Total/Average:</b>		7.86 / 3.93 sec	
						<b># Goal Times:</b>	

Alexandra Scharmer		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 BACKSTROKE	:33.33	:33.33	:45.06	:45.06	*# :33.33	11.73	11.73
100 BACKSTROKE	1:11.97	1:11.97	1:15.70	1:15.70	*# 1:11.97	3.73	3.73
50 BUTTERFLY	:32.30	:32.30	:33.32	:33.32	*# :32.30	1.02	1.02
<b>Season Best:</b>		3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	
<b>Season Total/Average:</b>		16.48 / 5.49 sec		<b>Lifetime Total/Average:</b>		16.48 / 5.49 sec	
						<b># Goal Times:</b>	

Abby Turner		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
100 FREESTYLE	1:17.56	1:17.56			1:18.50		
200 FREESTYLE	2:48.45	2:48.45	2:52.26	2:52.26	*# 2:48.45	3.81	3.81
50 BACKSTROKE	:40.14	:40.14	:40.25	:40.25	*# :40.14	.11	.11
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		3.92 / 1.96 sec		<b>Lifetime Total/Average:</b>		3.92 / 1.96 sec	
						<b># Goal Times:</b>	

Madeline Turner		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 FREESTYLE	:33.33	:33.33			:33.40		
100 INDIV. MEDLEY	1:22.38	1:22.38	1:27.42	1:27.42	*# 1:22.38	5.04	5.04
50 BACKSTROKE	:39.65	:39.65			:40.86		
<b>Season Best:</b>		1 OF 3 33.3%		<b>Lifetime: Best:</b>		1 OF 3 33.3%	
<b>Season Total/Average:</b>		5.04 / 5.04 sec		<b>Lifetime Total/Average:</b>		5.04 / 5.04 sec	
						<b># Goal Times:</b>	

<b>11-12 FEMALE</b>	<i>Total Season Bests 20 of 32, 62.5%</i>	<i>Total Lifetime Bests 20 of 32, 62.5%</i>
	<i>Season Total/Average 50.35 / 2.52 sec</i>	<i>Lifetime Total/Average 50.35 / 2.52 sec</i>

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
 # = Season Best, \* = Lifetime Best

**13-14 FEMALE**

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:40.31	:40.31			*# :40.31		
100 BREASTSTROKE	1:30.38	1:30.38			*# 1:30.38		
100 INDIV. MEDLEY	1:20.85	1:20.85			*# 1:20.85		
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3	100.0%
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b># Goal</b>	<b>Times:</b>

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
200 FREESTYLE	2:16.20	2:16.20	2:26.54	2:26.54	*# 2:16.20	10.34	10.34
100 BACKSTROKE	1:14.53	1:14.53	1:16.98	1:16.98	*# 1:14.53	2.45	2.45
100 INDIV. MEDLEY	1:11.94	1:11.94	1:17.66	1:17.66	*# 1:11.94	5.72	5.72
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3	100.0%
<b>Season Total/Average:</b>	18.51 / 6.17 sec		<b>Lifetime Total/Average:</b>	18.51 / 6.17 sec		<b># Goal</b>	<b>Times:</b>

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:30.67	:30.67			*# :30.67		
100 FREESTYLE	1:11.20	1:11.20			*# 1:11.20		
<b>Season Best:</b>	2 OF 2	100.0%			<b>Lifetime: Best:</b>	2 OF 2	100.0%
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b># Goal</b>	<b>Times:</b>

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:41.18	:41.18	:41.28	:41.28	*# :41.18	.10	.10
50 BUTTERFLY	:33.27	:33.27	:33.85	:33.85	*# :33.27	.58	.58
100 INDIV. MEDLEY	1:16.62	1:16.62	1:18.26	1:18.26	*# 1:16.62	1.64	1.64
<b>Season Best:</b>	3 OF 3	100.0%			<b>Lifetime: Best:</b>	3 OF 3	100.0%
<b>Season Total/Average:</b>	2.32 / .77 sec		<b>Lifetime Total/Average:</b>	2.32 / .77 sec		<b># Goal</b>	<b>Times:</b>

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:42.69	:42.69	:42.95	:42.95	*# :42.69	.26	.26
100 INDIV. MEDLEY	1:23.08	1:23.08			1:24.83		
50 FREESTYLE	:30.57	:30.57			:31.09		
<b>Season Best:</b>	1 OF 3	33.3%			<b>Lifetime: Best:</b>	1 OF 3	33.3%
<b>Season Total/Average:</b>	.26 / .26 sec		<b>Lifetime Total/Average:</b>	.26 / .26 sec		<b># Goal</b>	<b>Times:</b>

		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:30.95	:30.95			:32.35		
100 FREESTYLE	1:10.45	1:10.45			*# 1:10.45		
200 FREESTYLE	2:27.07	2:27.07			2:38.39		
<b>Season Best:</b>	1 OF 3	33.3%			<b>Lifetime: Best:</b>	1 OF 3	33.3%
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b># Goal</b>	<b>Times:</b>

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06

# = Season Best, \* = Lifetime Best

Bailey Strausser		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
100 BREASTSTROKE	1:16.77	1:16.77	1:17.75	1:17.75	*# 1:16.77	.98	.98	
200 INDIV. MEDLEY	2:40.72	2:40.72	2:47.95	2:47.95	*# 2:40.72	7.23	7.23	
<b>Season Best:</b>		2 OF 2 100.0%	<b>Lifetime: Best:</b>		2 OF 2 100.0%	<b># Goal</b>		
<b>Season Total/Average:</b>		8.21 / 4.11 sec	<b>Lifetime Total/Average:</b>		8.21 / 4.11 sec	<b>Times:</b>		

Sarah Wodnik		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
100 BUTTERFLY	1:09.85	1:09.85	1:15.70	1:15.70	*# 1:09.85	5.85	5.85	
100 INDIV. MEDLEY	1:11.04	1:11.04	1:14.79	1:14.79	*# 1:11.04	3.75	3.75	
100 BACKSTROKE	1:12.60	1:12.60			*# 1:12.60			
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal</b>		
<b>Season Total/Average:</b>		9.60 / 3.20 sec	<b>Lifetime Total/Average:</b>		9.60 / 3.20 sec	<b>Times:</b>		

**13-14 FEMALE**      *Total Season Bests 16 of 20, 80.0%*      *Total Lifetime Bests 16 of 20, 80.0%*  
*Season Total/Average 29.30 / 1.83 sec*      *Lifetime Total/Average 29.30 / 1.83 sec*

**15-18 FEMALE**

Amanda Ickes		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
100 INDIV. MEDLEY	1:13.66	1:13.66			*# 1:13.66			
50 BUTTERFLY	:33.21	:33.21			*# :33.21			
<b>Season Best:</b>		2 OF 2 100.0%	<b>Lifetime: Best:</b>		2 OF 2 100.0%	<b># Goal</b>		
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b>Times:</b>		

Katie Kraemer		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 BREASTSTROKE	:36.74	:36.74	:36.99	:36.99	*# :36.74	.25	.25	
100 BREASTSTROKE	1:20.20	1:20.20			1:21.79			
100 INDIV. MEDLEY	1:14.35	1:14.35	1:15.89	1:15.89	*# 1:14.35	1.54	1.54	
<b>Season Best:</b>		2 OF 3 66.7%	<b>Lifetime: Best:</b>		2 OF 3 66.7%	<b># Goal</b>		
<b>Season Total/Average:</b>		1.79 / .90 sec	<b>Lifetime Total/Average:</b>		1.79 / .90 sec	<b>Times:</b>		

Jennifer Quella		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
100 BREASTSTROKE	1:17.31	1:17.31	1:18.05	1:18.05	*# 1:17.31	.74	.74	
100 BUTTERFLY	1:06.49	1:06.49	1:07.14	1:07.14	*# 1:06.49	.65	.65	
50 BREASTSTROKE	:35.90	:35.90			*# :35.90			
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal</b>		
<b>Season Total/Average:</b>		1.39 / .46 sec	<b>Lifetime Total/Average:</b>		1.39 / .46 sec	<b>Times:</b>		

Amanda Wiesender		F			Season Best		Lifetime Best	
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
100 FREESTYLE	1:05.94	1:05.94			*# 1:05.94			
100 BACKSTROKE	1:13.48	1:13.48			*# 1:13.48			
200 INDIV. MEDLEY	2:42.44	2:42.44			*# 2:42.44			
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal</b>		
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b>Times:</b>		

**15-18 FEMALE**      *Total Season Bests 10 of 11, 90.9%*      *Total Lifetime Bests 10 of 11, 90.9%*  
*Season Total/Average 3.18 / .32 sec*      *Lifetime Total/Average 3.18 / .32 sec*

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06

# = Season Best, \* = Lifetime Best

**12&OV FEMALE**

Jessica Arebaugh		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:29.07	:29.07			:29.18		
50 BREASTSTROKE	:41.50	:41.50			*# :41.50		
100 INDIV. MEDLEY	1:15.79	1:15.79	1:16.76	1:16.76	*# 1:15.79	.97	.97
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		.97 / .49 sec		<b>Lifetime Total/Average:</b>		.97 / .49 sec	
						<b># Goal</b>	<b>Times:</b>

Laura Carr		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:40.31	:40.31			*# :40.31		
100 BREASTSTROKE	1:30.38	1:30.38			*# 1:30.38		
100 INDIV. MEDLEY	1:20.85	1:20.85			*# 1:20.85		
<b>Season Best:</b>		3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			
						<b># Goal</b>	<b>Times:</b>

Erin Gerken		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
200 FREESTYLE	2:16.20	2:16.20	2:26.54	2:26.54	*# 2:16.20	10.34	10.34
100 BACKSTROKE	1:14.53	1:14.53	1:16.98	1:16.98	*# 1:14.53	2.45	2.45
100 INDIV. MEDLEY	1:11.94	1:11.94	1:17.66	1:17.66	*# 1:11.94	5.72	5.72
<b>Season Best:</b>		3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	
<b>Season Total/Average:</b>		18.51 / 6.17 sec		<b>Lifetime Total/Average:</b>		18.51 / 6.17 sec	
						<b># Goal</b>	<b>Times:</b>

Amanda Ickes		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
100 INDIV. MEDLEY	1:13.66	1:13.66			*# 1:13.66		
50 BUTTERFLY	:33.21	:33.21			*# :33.21		
<b>Season Best:</b>		2 OF 2 100.0%		<b>Lifetime: Best:</b>		2 OF 2 100.0%	
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			
						<b># Goal</b>	<b>Times:</b>

Kelsey Koelker		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:30.67	:30.67			*# :30.67		
100 FREESTYLE	1:11.20	1:11.20			*# 1:11.20		
<b>Season Best:</b>		2 OF 2 100.0%		<b>Lifetime: Best:</b>		2 OF 2 100.0%	
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			
						<b># Goal</b>	<b>Times:</b>

Katie Kraemer		F				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BREASTSTROKE	:36.74	:36.74	:36.99	:36.99	*# :36.74	.25	.25
100 BREASTSTROKE	1:20.20	1:20.20			1:21.79		
100 INDIV. MEDLEY	1:14.35	1:14.35	1:15.89	1:15.89	*# 1:14.35	1.54	1.54
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	
<b>Season Total/Average:</b>		1.79 / .90 sec		<b>Lifetime Total/Average:</b>		1.79 / .90 sec	
						<b># Goal</b>	<b>Times:</b>

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
# = Season Best, \* = Lifetime Best

Carmen McCoy		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 BREASTSTROKE	:41.18	:41.18	:41.28	:41.28	*# :41.18	.10	.10
50 BUTTERFLY	:33.27	:33.27	:33.85	:33.85	*# :33.27	.58	.58
100 INDIV. MEDLEY	1:16.62	1:16.62	1:18.26	1:18.26	*# 1:16.62	1.64	1.64
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>		2.32 / .77 sec		<b>Lifetime Total/Average:</b>		2.32 / .77 sec	

Henna McCoy		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
100 FREESTYLE	1:10.62	1:10.62			1:11.24		
50 BACKSTROKE	:35.80	:35.80	:36.50	:36.50	*# :35.80	.70	.70
50 BUTTERFLY	:35.94	:35.94	:36.12	:36.12	*# :35.94	.18	.18
<b>Season Best:</b>		2 OF 3 66.7%	<b>Lifetime: Best:</b>		2 OF 3 66.7%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>		.88 / .44 sec		<b>Lifetime Total/Average:</b>		.88 / .44 sec	

Naomi Pfeil		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 FREESTYLE	:30.57	:30.57			:31.09		
50 BREASTSTROKE	:42.69	:42.69	:42.95	:42.95	*# :42.69	.26	.26
100 INDIV. MEDLEY	1:23.08	1:23.08			1:24.83		
<b>Season Best:</b>		1 OF 3 33.3%	<b>Lifetime: Best:</b>		1 OF 3 33.3%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>		.26 / .26 sec		<b>Lifetime Total/Average:</b>		.26 / .26 sec	

Jennifer Quella		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 BREASTSTROKE	:35.90	:35.90			*# :35.90		
100 BUTTERFLY	1:06.49	1:06.49	1:07.14	1:07.14	*# 1:06.49	.65	.65
100 BREASTSTROKE	1:17.31	1:17.31	1:18.05	1:18.05	*# 1:17.31	.74	.74
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>		1.39 / .46 sec		<b>Lifetime Total/Average:</b>		1.39 / .46 sec	

Alexandra Scharmer		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 BACKSTROKE	:33.33	:33.33	:45.06	:45.06	*# :33.33	11.73	11.73
100 BACKSTROKE	1:11.97	1:11.97	1:15.70	1:15.70	*# 1:11.97	3.73	3.73
50 BUTTERFLY	:32.30	:32.30	:33.32	:33.32	*# :32.30	1.02	1.02
<b>Season Best:</b>		3 OF 3 100.0%	<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>		16.48 / 5.49 sec		<b>Lifetime Total/Average:</b>		16.48 / 5.49 sec	

Molly Strand		F			Meet Time	Season Best Improvement	Lifetime Best Improvement
	Lifetime Best	Season Best	Previous SB	Previous LTB			
50 FREESTYLE	:30.95	:30.95			:32.35		
100 FREESTYLE	1:10.45	1:10.45			*# 1:10.45		
200 FREESTYLE	2:27.07	2:27.07			2:38.39		
<b>Season Best:</b>		1 OF 3 33.3%	<b>Lifetime: Best:</b>		1 OF 3 33.3%	<b># Goal Times:</b>	
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>			

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
# = Season Best, \* = Lifetime Best

Bailey Strausser	F				Meet Time	Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB		Improvement	Improvement
100 BREASTSTROKE	1:16.77	1:16.77	1:17.75	1:17.75	*# 1:16.77	.98	.98
200 INDIV. MEDLEY	2:40.72	2:40.72	2:47.95	2:47.95	*# 2:40.72	7.23	7.23
<b>Season Best:</b>	2 OF 2 100.0%		<b>Lifetime: Best:</b>		2 OF 2 100.0%	<b># Goal</b>	
<b>Season Total/Average:</b>	8.21 / 4.11 sec		<b>Lifetime Total/Average:</b>		8.21 / 4.11 sec	<b>Times:</b>	

Abby Turner	F				Meet Time	Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB		Improvement	Improvement
100 FREESTYLE	1:17.56	1:17.56			1:18.50		
200 FREESTYLE	2:48.45	2:48.45	2:52.26	2:52.26	*# 2:48.45	3.81	3.81
50 BACKSTROKE	:40.14	:40.14	:40.25	:40.25	*# :40.14	.11	.11
<b>Season Best:</b>	2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%	<b># Goal</b>	
<b>Season Total/Average:</b>	3.92 / 1.96 sec		<b>Lifetime Total/Average:</b>		3.92 / 1.96 sec	<b>Times:</b>	

Amanda Wiesender	F				Meet Time	Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB		Improvement	Improvement
100 BACKSTROKE	1:13.48	1:13.48			*# 1:13.48		
200 INDIV. MEDLEY	2:42.44	2:42.44			*# 2:42.44		
100 FREESTYLE	1:05.94	1:05.94			*# 1:05.94		
<b>Season Best:</b>	3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal</b>	
<b>Season Total/Average:</b>			<b>Lifetime Total/Average:</b>			<b>Times:</b>	

Sarah Wodnik	F				Meet Time	Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB		Improvement	Improvement
100 BACKSTROKE	1:12.60	1:12.60			*# 1:12.60		
100 BUTTERFLY	1:09.85	1:09.85	1:15.70	1:15.70	*# 1:09.85	5.85	5.85
100 INDIV. MEDLEY	1:11.04	1:11.04	1:14.79	1:14.79	*# 1:11.04	3.75	3.75
<b>Season Best:</b>	3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%	<b># Goal</b>	
<b>Season Total/Average:</b>	9.60 / 3.20 sec		<b>Lifetime Total/Average:</b>		9.60 / 3.20 sec	<b>Times:</b>	

**12&OV FEMALE**      *Total Season Bests 37 of 45, 82.2%*      *Total Lifetime Bests 37 of 45, 82.2%*  
*Season Total/Average 64.33 / 1.74 sec*      *Lifetime Total/Average 64.33 / 1.74 sec*

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06

# = Season Best, \* = Lifetime Best

**8&UN MALE**

Austin Cochran		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:20.83	:20.83			:22.82		
50 FREESTYLE	:48.76	:48.76			:52.38		
25 BUTTERFLY	:28.99	:28.99			*# :28.99		
<b>Season Best:</b> 1 OF 3 33.3%		<b>Lifetime: Best:</b> 1 OF 3 33.3%				<b># Goal Times:</b>	
<b>Season Total/Average:</b>		<b>Lifetime Total/Average:</b>					

James Fitzgerald		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 FREESTYLE	:24.49	:24.49	:24.71	:24.71	*# :24.49	.22	.22
25 BACKSTROKE	:24.45	:24.45			:26.56		
25 BUTTERFLY	:35.21	:35.21			*# :35.21		
<b>Season Best:</b> 2 OF 3 66.7%		<b>Lifetime: Best:</b> 2 OF 3 66.7%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> .22 / .11 sec		<b>Lifetime Total/Average:</b> .22 / .11 sec					

Matt Jackson		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:50.59	:50.59			*# :50.59		
25 BACKSTROKE	:25.56	:25.56	:26.45	:26.45	*# :25.56	.89	.89
25 BREASTSTROKE	:28.29	:28.29	:28.63	:28.63	*# :28.29	.34	.34
<b>Season Best:</b> 3 OF 3 100.0%		<b>Lifetime: Best:</b> 3 OF 3 100.0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> 1.23 / .41 sec		<b>Lifetime Total/Average:</b> 1.23 / .41 sec					

Jake Kraemer		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 BUTTERFLY	:29.21	:29.21	:32.62	:32.62	*# :29.21	3.41	3.41
25 FREESTYLE	:24.47	:24.47			:24.66		
25 BREASTSTROKE	:32.67	:32.67			*# :32.67		
<b>Season Best:</b> 2 OF 3 66.7%		<b>Lifetime: Best:</b> 2 OF 3 66.7%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> 3.41 / 1.71 sec		<b>Lifetime Total/Average:</b> 3.41 / 1.71 sec					

Christian Tanberg		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
25 BACKSTROKE	:41.03	:41.03			:42.36		
25 FREESTYLE	:33.23	:33.23			:33.53		
<b>Season Best:</b> 0 OF 2 .0%		<b>Lifetime: Best:</b> 0 OF 2 .0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b>		<b>Lifetime Total/Average:</b>					

Brennan Urbi		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:35.39	:35.39	:35.80	:35.80	*# :35.39	.41	.41
25 BUTTERFLY	:19.64	:19.64			*# :19.64		
100 INDIV. MEDLEY	1:36.57	1:36.57			*# 1:36.57		
<b>Season Best:</b> 3 OF 3 100.0%		<b>Lifetime: Best:</b> 3 OF 3 100.0%				<b># Goal Times:</b>	
<b>Season Total/Average:</b> .41 / .14 sec		<b>Lifetime Total/Average:</b> .41 / .14 sec					

**8&UN MALE**

Total Season Bests 11 of 17, 64.7%  
 Season Total/Average 5.27 / .48 sec

Total Lifetime Bests 11 of 17, 64.7%  
 Lifetime Total/Average 5.27 / .48 sec

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
# = Season Best, \* = Lifetime Best

**9-10 MALE**

Justin Arebaugh		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:34.30	:34.30	:35.11	:35.11	*# :34.30	.81	.81	
100 FREESTYLE	1:15.46	1:15.46	1:23.48	1:23.48	*# 1:15.46	8.02	8.02	
50 BREASTSTROKE	:46.86	:46.86	:49.19	:49.19	*# :46.86	2.33	2.33	
<b>Season Best:</b>		3 OF 3 100.0%		<b>Lifetime: Best:</b>		3 OF 3 100.0%		
<b>Season Total/Average:</b>		11.16 / 3.72 sec		<b>Lifetime Total/Average:</b>		11.16 / 3.72 sec		
						<b># Goal</b>	<b>Times:</b>	

Liam Brown		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:46.38	:46.38	:47.64	:47.64	*# :46.38	1.26	1.26	
100 FREESTYLE	1:42.93	1:42.93			1:46.49			
50 BREASTSTROKE	:59.62	:59.62	:59.70	:59.70	*# :59.62	.08	.08	
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%		
<b>Season Total/Average:</b>		1.34 / .67 sec		<b>Lifetime Total/Average:</b>		1.34 / .67 sec		
						<b># Goal</b>	<b>Times:</b>	

Luke Hennessey		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:39.41	:39.41			:45.20			
100 FREESTYLE	1:47.46	1:47.46			*# 1:47.46			
100 BREASTSTROKE	2:00.97	2:00.97			2:08.16			
<b>Season Best:</b>		1 OF 3 33.3%		<b>Lifetime: Best:</b>		1 OF 3 33.3%		
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>				
						<b># Goal</b>	<b>Times:</b>	

Thomas Ickes		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:38.22	:38.22			:39.36			
50 BACKSTROKE	:46.05	:46.05			:47.13			
<b>Season Best:</b>		0 OF 2 .0%		<b>Lifetime: Best:</b>		0 OF 2 .0%		
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>				
						<b># Goal</b>	<b>Times:</b>	

Harlan Owen		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 BACKSTROKE	:50.95	:50.95			:53.85			
50 BREASTSTROKE	:57.28	:57.28			1:02.38			
50 FREESTYLE	:44.41	:44.41			:48.11			
<b>Season Best:</b>		0 OF 3 .0%		<b>Lifetime: Best:</b>		0 OF 3 .0%		
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>				
						<b># Goal</b>	<b>Times:</b>	

Jack Ramsey		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:33.83	:33.83			*# :33.83			
50 BACKSTROKE	:40.92	:40.92			:41.86			
50 BUTTERFLY	:43.29	:43.29			*# :43.29			
<b>Season Best:</b>		2 OF 3 66.7%		<b>Lifetime: Best:</b>		2 OF 3 66.7%		
<b>Season Total/Average:</b>				<b>Lifetime Total/Average:</b>				
						<b># Goal</b>	<b>Times:</b>	

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
 # = Season Best, \* = Lifetime Best

Eric Roush		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 BACKSTROKE	:44.87	:44.87	:58.27	:58.27	*# :44.87	13.40	13.40	
50 BREASTSTROKE	:53.60	:53.60	1:06.67	1:06.67	*# :53.60	13.07	13.07	
50 BUTTERFLY	:44.18	:44.18			*# :44.18			
<b>Season Best:</b>		3 OF 3	100.0%	<b>Lifetime: Best:</b>		3 OF 3	100.0%	<b># Goal</b>
<b>Season Total/Average:</b>		26.47 / 8.82 sec		<b>Lifetime Total/Average:</b>		26.47 / 8.82 sec		<b>Times:</b>

Carter Starr		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:33.34	:33.34	:34.11	:34.11	*# :33.34	.77	.77	
100 FREESTYLE	1:15.70	1:15.70	1:19.53	1:19.53	*# 1:15.70	3.83	3.83	
100 INDIV. MEDLEY	1:32.07	1:32.07			*# 1:32.07			
<b>Season Best:</b>		3 OF 3	100.0%	<b>Lifetime: Best:</b>		3 OF 3	100.0%	<b># Goal</b>
<b>Season Total/Average:</b>		4.60 / 1.53 sec		<b>Lifetime Total/Average:</b>		4.60 / 1.53 sec		<b>Times:</b>

Timothy Zange		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 BACKSTROKE	:53.67	:53.67	:56.25	:56.25	*# :53.67	2.58	2.58	
50 BREASTSTROKE	1:03.59	1:03.59	1:09.21	1:09.21	*# 1:03.59	5.62	5.62	
50 FREESTYLE	:43.95	:43.95	:44.11	:44.11	*# :43.95	.16	.16	
<b>Season Best:</b>		3 OF 3	100.0%	<b>Lifetime: Best:</b>		3 OF 3	100.0%	<b># Goal</b>
<b>Season Total/Average:</b>		8.36 / 2.79 sec		<b>Lifetime Total/Average:</b>		8.36 / 2.79 sec		<b>Times:</b>

<b>9-10 MALE</b>	<i>Total Season Bests 15 of 24, 62.5%</i>	<i>Total Lifetime Bests 15 of 24, 62.5%</i>
	<i>Season Total/Average 43.73 / 2.92 sec</i>	<i>Lifetime Total/Average 43.73 / 2.92 sec</i>

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
# = Season Best, \* = Lifetime Best

**11-12 MALE**

		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:31.42	:31.42			:32.24		
50 BACKSTROKE	:36.45	:36.45			:36.47		
50 BUTTERFLY	:36.45	:36.45			:37.00		
<b>Season Best:</b>		0 OF 3	<b>Lifetime: Best:</b>		0 OF 3	<b># Goal</b>	
<b>Season Total/Average:</b>		.0%	<b>Lifetime Total/Average:</b>		.0%	<b>Times:</b>	

		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:34.73	:34.73	:37.30	:37.30	*# :34.73	2.57	2.57
50 BACKSTROKE	:43.19	:43.19	:44.61	:44.61	*# :43.19	1.42	1.42
<b>Season Best:</b>		2 OF 2	<b>Lifetime: Best:</b>		2 OF 2	<b># Goal</b>	
<b>Season Total/Average:</b>		100.0%	<b>Lifetime Total/Average:</b>		100.0%	<b>Times:</b>	
		3.99 / 2.00 sec			3.99 / 2.00 sec		

		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 BUTTERFLY	:44.15	:44.15			*# :44.15		
100 INDIV. MEDLEY	1:28.59	1:28.59			1:37.00		
<b>Season Best:</b>		1 OF 2	<b>Lifetime: Best:</b>		1 OF 2	<b># Goal</b>	
<b>Season Total/Average:</b>		50.0%	<b>Lifetime Total/Average:</b>		50.0%	<b>Times:</b>	

		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:32.11	:32.11	:32.21	:32.21	*# :32.11	.10	.10
50 BACKSTROKE	:38.98	:38.98			:39.47		
100 INDIV. MEDLEY	1:23.86	1:23.86	1:26.36	1:26.36	*# 1:23.86	2.50	2.50
<b>Season Best:</b>		2 OF 3	<b>Lifetime: Best:</b>		2 OF 3	<b># Goal</b>	
<b>Season Total/Average:</b>		66.7%	<b>Lifetime Total/Average:</b>		66.7%	<b>Times:</b>	
		2.60 / 1.30 sec			2.60 / 1.30 sec		

		M				Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement
50 FREESTYLE	:32.88	:32.88			:33.09		
50 BREASTSTROKE	:46.74	:46.74	:47.92	:47.92	*# :46.74	1.18	1.18
100 INDIV. MEDLEY	1:29.41	1:29.41	1:31.85	1:31.85	*# 1:29.41	2.44	2.44
<b>Season Best:</b>		2 OF 3	<b>Lifetime: Best:</b>		2 OF 3	<b># Goal</b>	
<b>Season Total/Average:</b>		66.7%	<b>Lifetime Total/Average:</b>		66.7%	<b>Times:</b>	
		3.62 / 1.81 sec			3.62 / 1.81 sec		

**11-12 MALE**

*Total Season Bests 7 of 13, 53.8%*  
*Season Total/Average 10.21 / 1.46 sec*

*Total Lifetime Bests 7 of 13, 53.8%*  
*Lifetime Total/Average 10.21 / 1.46 sec*

## MACR Sharks

## MACR Sharks

2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06  
 # = Season Best, \* = Lifetime Best

**13-14 MALE**

Austin Nicholson		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:29.54	:29.54	:29.97	:29.97	*# :29.54	.43	.43	
50 BUTTERFLY	:32.35	:32.35			*# :32.35			
50 BACKSTROKE	:32.58	:32.58			*# :32.58			
<b>Season Best:</b> 3 OF 3 100.0%		<b>Lifetime: Best:</b> 3 OF 3 100.0%				<b># Goal Times:</b>		
<b>Season Total/Average:</b> .43 / .14 sec		<b>Lifetime Total/Average:</b> .43 / .14 sec						

Sam Raiche		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
50 FREESTYLE	:28.81	:28.81	:29.36	:29.36	*# :28.81	.55	.55	
100 FREESTYLE	1:07.09	1:07.09	1:12.13	1:12.13	*# 1:07.09	5.04	5.04	
100 INDIV. MEDLEY					DQ			
<b>Season Best:</b> 2 OF 3 66.7%		<b>Lifetime: Best:</b> 2 OF 3 66.7%				<b># Goal Times:</b>		
<b>Season Total/Average:</b> 5.59 / 2.80 sec		<b>Lifetime Total/Average:</b> 5.59 / 2.80 sec						

Alex Starr		M					Season Best	Lifetime Best
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement	Improvement	
500 FREESTYLE	6:40.42	6:40.42			*# 6:40.42			
<b>Season Best:</b> 1 OF 1 100.0%		<b>Lifetime: Best:</b> 1 OF 1 100.0%				<b># Goal Times:</b>		
<b>Season Total/Average:</b>		<b>Lifetime Total/Average:</b>						

<b>13-14 MALE</b>	<i>Total Season Bests 6 of 7, 85.7%</i>	<i>Total Lifetime Bests 6 of 7, 85.7%</i>
	<i>Season Total/Average 6.02 / 1.00 sec</i>	<i>Lifetime Total/Average 6.02 / 1.00 sec</i>

## MACR Sharks

## MACR Sharks

## 2006-2007 Season

Analysis of: MACR @ Dubuque 12-02-06 12/02/06

# = Season Best, \* = Lifetime Best

**12&OV MALE**

Austin Nicholson		M			Season Best			Lifetime Best		
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement		Improvement		
50 BACKSTROKE	:32.58	:32.58			*# :32.58					
50 BUTTERFLY	:32.35	:32.35			*# :32.35					
50 FREESTYLE	:29.54	:29.54	:29.97	:29.97	*# :29.54	.43		.43		
<b>Season Best:</b>		3 OF 3 100.0%			<b>Lifetime: Best:</b>			3 OF 3 100.0%		
<b>Season Total/Average:</b>		.43 / .14 sec			<b>Lifetime Total/Average:</b>			.43 / .14 sec		
						<b># Goal</b>		<b>Times:</b>		

Sam Raiche		M			Season Best			Lifetime Best		
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement		Improvement		
100 FREESTYLE	1:07.09	1:07.09	1:12.13	1:12.13	*# 1:07.09	5.04		5.04		
100 INDIV. MEDLEY					DQ					
50 FREESTYLE	:28.81	:28.81	:29.36	:29.36	*# :28.81	.55		.55		
<b>Season Best:</b>		2 OF 3 66.7%			<b>Lifetime: Best:</b>			2 OF 3 66.7%		
<b>Season Total/Average:</b>		5.59 / 2.80 sec			<b>Lifetime Total/Average:</b>			5.59 / 2.80 sec		
						<b># Goal</b>		<b>Times:</b>		

Alex Starr		M			Season Best			Lifetime Best		
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement		Improvement		
500 FREESTYLE	6:40.42	6:40.42			*# 6:40.42					
<b>Season Best:</b>		1 OF 1 100.0%			<b>Lifetime: Best:</b>			1 OF 1 100.0%		
<b>Season Total/Average:</b>					<b>Lifetime Total/Average:</b>					
						<b># Goal</b>		<b>Times:</b>		

Matt Zange		M			Season Best			Lifetime Best		
	Lifetime Best	Season Best	Previous SB	Previous LTB	Meet Time	Improvement		Improvement		
100 INDIV. MEDLEY	1:29.41	1:29.41	1:31.85	1:31.85	*# 1:29.41	2.44		2.44		
50 FREESTYLE	:32.88	:32.88			:33.09					
50 BREASTSTROKE	:46.74	:46.74	:47.92	:47.92	*# :46.74	1.18		1.18		
<b>Season Best:</b>		2 OF 3 66.7%			<b>Lifetime: Best:</b>			2 OF 3 66.7%		
<b>Season Total/Average:</b>		3.62 / 1.81 sec			<b>Lifetime Total/Average:</b>			3.62 / 1.81 sec		
						<b># Goal</b>		<b>Times:</b>		

<b>12&amp;OV MALE</b>	<i>Total Season Bests 7 of 9, 77.8%</i>	<i>Total Lifetime Bests 7 of 9, 77.8%</i>
	<i>Season Total/Average 7.20 / 1.03 sec</i>	<i>Lifetime Total/Average 7.20 / 1.03 sec</i>