

MACR Sharks

2005-2006 Season

PROGRESSION for Short Course Yards

3/5/2006		Jessica Carpenter					8&UN		6/9/1997
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL			
		BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006			
25 BACKSTROKE	2	:24.81	:26.88*	:27.12	:24.81*	:26.28			
50 BACKSTROKE	1	:57.41				:57.41*			
25 FREESTYLE	2	:27.53	:28.09*	:30.57	:27.53*	:31.63			
3/5/2006		Alexandra Coleman					8&UN		8/31/1998
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	
		BEST	11/19/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	
25 FREESTYLE	5	:20.67	:33.64*	:23.57*	:23.24*	:26.39	:23.13*	:20.67*	
50 FREESTYLE	1	:57.49	:57.49*						
25 BACKSTROKE	3	:23.65	:28.45*	:29.99	:23.98*	:25.17	:24.23	:23.65*	
50 BACKSTROKE	3	:50.49			:55.56*		:53.16*	:50.49*	
25 BUTTERFLY	1	:29.46		:29.46*		:30.24			
3/5/2006		Laurel Dusek					8&UN		7/30/1997
		SEASON	2005-6 MAR	2005-6 MAC	2005-6 DUB	2005-6 WAL			
		BEST	12/10/2005	12/17/2005	1/14/2006	1/28/2006			
25 FREESTYLE	3	:19.63	:23.74*	:21.81*	:19.63*	:20.47			
50 FREESTYLE	2	:43.65			:49.68*	:43.65*			
25 BREASTSTROKE	1	:30.81		:30.81*		:31.90			
3/5/2006		Erica Fagerbakke					8&UN		12/3/1996
		SEASON	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO		
		BEST	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006		
50 BREASTSTROKE	2	:53.48			:57.09*	:53.48*	:55.61		
100 INDIV. MEDLEY	1	2:41.15	2:41.15*						
25 BREASTSTROKE	4	:24.71	:27.05*	:27.23	:25.77*	:25.02*	:24.71*		
25 FREESTYLE	3	:22.19	:22.47*	:22.80	:22.25*	:22.19*			
3/5/2006		Lawryn Fraley					8&UN		9/21/1997
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	12/3/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 FREESTYLE	1	:57.82		:57.82*					
50 BACKSTROKE	2	:51.16	:57.62*	:59.49	:51.16*	:56.75	:55.05	:51.27	
50 BREASTSTROKE	3	:52.65	:56.33*		:58.19	:59.06		:55.62*	:52.65*
25 FREESTYLE	3	:21.07	:21.76*		:23.00	:24.32	:21.63*	:21.07*	
3/5/2006		Abby Goslin					8&UN		4/10/1997
		SEASON	2005-6 TUR	2005-6 DUB	2005-6 WAL				
		BEST	11/19/2005	1/14/2006	1/28/2006				
50 BACKSTROKE	1	:54.53	:54.53*	:55.35	:56.70				
50 BREASTSTROKE	1	1:18.64	1:18.64*						
25 FREESTYLE	3	:21.45	:23.38*	:21.67*	:21.45*				
3/5/2006		Sydney Green					8&UN		3/26/1997
		SEASON	2005-6 TUR	2005-6 DUB	2005-6 WAL				
		BEST	11/19/2005	1/14/2006	1/28/2006				
25 BACKSTROKE	1	:23.67	:23.67*		:24.54				
50 BREASTSTROKE	1	:55.25	:55.25*	:57.15	:55.27				
25 FREESTYLE	1	:18.72	:18.72*	:19.14	:19.41				

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3/5/2006		Jennifer Greif			8&UN		4/3/1997	
		SEASON BEST	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
25 FREESTYLE	1	:25.69	:25.69*	:28.45				
25 BACKSTROKE	1	:27.48	:27.48*					

3/5/2006		Caitlyn Hansen			8&UN		4/3/1997		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006
25 BREASTSTROKE	2	:33.75	:34.19*	:33.75*		:35.73	:33.87		:40.19
50 BREASTSTROKE	4	1:13.29		1:19.78*		1:18.35*	1:15.38*	1:13.29*	1:19.21
25 FREESTYLE	1	:32.13	:32.13*						
25 BACKSTROKE	1	:31.96	:31.96*				:33.61	:33.35	:33.57
50 BACKSTROKE	1	1:12.75		1:12.75*	1:21.28	1:15.41			

3/5/2006		Hannah Harberts			8&UN		3/7/1997	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 INDIV. MEDLEY	1	2:00.08		2:00.08*				
50 FREESTYLE	3	:39.06	:41.88*		:45.67	:41.14*	:39.06*	:39.43
25 BACKSTROKE	1	:25.36		:25.36*				
25 BREASTSTROKE	4	:23.81	:25.11*		:25.48	:25.10*	:24.29*	:23.81*
25 FREESTYLE	3	:17.09	:17.64*	:18.06		:17.82	:17.37*	:17.09*

3/5/2006		Corinne Harris			8&UN		11/18/1997		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006
25 BREASTSTROKE	3	:31.88					:33.41*	:33.08*	:31.88*
50 BACKSTROKE	1	1:07.44		1:07.44*					
25 BACKSTROKE	2	:28.13	:28.39*		:32.87			:28.13*	
25 FREESTYLE	5	:21.58	:25.06*	:24.26*	:24.81	:23.18*	:21.88*	:24.21	:21.58*
50 FREESTYLE	3	:53.39		1:00.61*	:57.11*	:53.39*	:56.50		

3/5/2006		Meg Kester			8&UN		10/7/1998	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006		
200 MEDLEY RELAY	1	2:46.81	2:46.81*					
25 FREESTYLE	2	:22.91	:28.33*	:22.91*	:24.08	:24.22		
50 BREASTSTROKE	3	:57.18	1:06.83*	1:00.54*	:57.18*	:58.11		

3/5/2006		Olivia Kline			8&UN		12/8/1998	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006
25 BREASTSTROKE	1	:44.40		:44.40*		:58.58	:49.62	:47.88
25 FREESTYLE	2	:26.05	:27.99*	:28.22	:30.28	:29.65	:28.05	:26.05*
25 BACKSTROKE	3	:28.14	:33.51*	:30.95*	:28.14*	:33.20	:34.76	:30.95

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3/5/2006		Emily Kraemer				8&UN		2/22/1998		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
25 FREESTYLE	1	:18.12			:18.12*		:18.13	:18.46	:18.32	:19.20	
50 FREESTYLE	4	:39.68	:42.29*	:46.97	:43.24	:41.80*		:44.66		:41.15*	:39.68*
25 BACKSTROKE	3	:21.94	:22.41*	:23.63		:23.97	:22.01*		:21.94*		
25 BUTTERFLY	3	:18.38	:19.29*	:19.98	:19.22*	:20.03	:19.64	:19.67	:18.38*	:18.75	:18.39
3/5/2006		Myah McCoy				8&UN		6/11/1997		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 FREESTYLE	3	:37.44	:41.42*	:44.59		:41.85		:40.64*	:37.44*	:37.59	:38.62
100 INDIV. MEDLEY	2	1:43.93					1:50.75*	1:52.70		1:43.93*	1:45.83
25 BUTTERFLY	2	:24.21		:26.00*	:24.21*						
50 BREASTSTROKE	2	:58.31				:58.37*		:58.31*			
25 BACKSTROKE	1	:26.48	:26.48*								
25 FREESTYLE	4	:16.79			:19.20*	:19.57	:18.59*		:17.52*	:16.79*	:17.28
25 BREASTSTROKE	3	:26.24	:29.08*	:26.36*	:27.53		:27.67		:26.24*		
3/5/2006		Bailey Miller				8&UN		9/13/1997		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
25 BREASTSTROKE	2	:23.67	:25.54*			:26.74	:23.67*				
50 BACKSTROKE	1	:44.95			:44.95*			:45.64	:45.32		
100 INDIV. MEDLEY	4	1:34.78	1:40.18*		1:36.28*			1:35.06*	1:34.78*		
25 BACKSTROKE	1	:20.83					:20.83*				
25 FREESTYLE	1	:16.47					:16.47*				
50 FREESTYLE	3	:38.43	:39.33*	:40.84	:42.10	:40.13		:38.44*	:38.43*		
25 BUTTERFLY	2	:18.86		:21.22*		:18.86*					
3/5/2006		Katie Nowak				8&UN		7/6/1999			
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006						
25 FREESTYLE	2	:40.15	:47.31*	:50.67	:40.15*						
25 BACKSTROKE	1	:48.78		:48.78*							
3/5/2006		Kirsten Siebenga				8&UN		7/8/1997		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
25 BREASTSTROKE	2	:22.85	:23.79*	:22.85*			:23.91	:22.87	:23.92	:22.93	
200 FREE RELAY	1	3:26.95	3:26.95*								
50 BREASTSTROKE	1	:49.21			:49.21*	:51.73					
25 BACKSTROKE	4	:19.88	:21.29*	:20.82*	:21.84	:20.37*		:20.92	:20.43	:19.88*	
25 FREESTYLE	3	:16.30	:16.36*	:16.56	:16.55	:16.70	:16.37	:16.30*	:16.64	:16.30*	
25 BUTTERFLY	1	:22.56					:22.56*				
3/5/2006		Hannah Steinke				8&UN		6/28/1998			
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006			
25 FREESTYLE	2	:24.67	:29.65*	:30.26	:30.09	:24.67*	:28.28	:26.19			
50 FREESTYLE	3	:56.72		1:05.73*	1:00.11*	:56.72*	1:00.33				
25 BACKSTROKE	2	:31.94	:32.20*	:32.59	:31.94*	:34.37	:34.66	:34.74			

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3/5/2006		Kayla Thompson				8&UN		1/2/1997		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 WAL 1/28/2006				
25 FREESTYLE	2	:21.27	:24.58*			:21.27*				
25 BUTTERFLY	2	:24.71		:25.98*	:28.12	:24.71*				
25 BREASTSTROKE	1	:34.17	:34.17*		:35.80					
25 BACKSTROKE	1	:29.13	:29.13*							
50 BACKSTROKE	2	:54.02		:57.42*	:54.02*	:58.75				
3/5/2006		Ellie Wetekamp				8&UN		4/12/1997		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006		2005-6 WAL 1/28/2006	2005-06 MA 2/12/2006	2005-06 IO 3/4/2006
25 FREESTYLE	3	:17.41	:22.05*	:20.55*	:23.53	:20.68		:21.48	:17.41*	:19.63
50 FREESTYLE	3	:42.04	:49.47*	:50.05	:50.11	:49.68		:46.16*	:42.04*	:42.26
25 BREASTSTROKE	3	:26.89	:32.54*	:29.47*	:33.11				:26.89*	:27.11
50 BREASTSTROKE	1	1:01.91				1:01.91*				
3/5/2006		Brielle Wright				8&UN		5/3/1997		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
25 FREESTYLE	4	:24.51	18:23.53*	:25.81*	:25.48*	:24.51*				
25 BACKSTROKE	2	:23.65			:25.13*	:23.65*				
25 BUTTERFLY	2	:31.01		:38.96*	:31.01*	:36.00				
3/5/2006		Kaitlin Ackerman				9-10		2/25/1995		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006		2005/06 MA 2/12/2006		
50 FREESTYLE	3	:35.70	:37.14*	:37.43	:36.04*	:35.70*		:36.07		
100 FREESTYLE	4	1:19.27	1:23.29*	1:20.86*	1:19.85*	1:19.27*		1:21.13		
50 BACKSTROKE	3	:41.71	:44.13*	:44.66	:42.49*	:41.71*		:42.52		
3/5/2006		Hannah Botkin				9-10		10/3/1995		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006		2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
100 FREESTYLE	2	1:32.08				1:32.50*		1:32.08*		
100 INDIV. MEDLEY	1	1:56.19	1:56.19*							
50 BREASTSTROKE	1	:56.47	:56.47*		1:01.65					
50 FREESTYLE	3	:38.62		:41.98*	:44.82	:39.87*		:41.11	:38.62*	
50 BACKSTROKE	2	:44.08		:52.01*		:44.08*		:44.90	:45.28	
3/5/2006		Amy Brause				9-10		9/5/1995		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006		2005/06 MA 2/12/2006		
50 FREESTYLE	3	:43.99	:47.51*	:47.18*	:43.99*	:44.01		:44.03		
50 BACKSTROKE	3	:51.22	:55.93*	:57.16	:51.55*	:51.22*		:53.39		
3/5/2006		Rachel Brown				9-10		1/17/1996		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006		2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
50 BREASTSTROKE	4	:47.96	:50.67*	:49.65*	:51.46	:50.15		:49.02*	:47.96*	
100 INDIV. MEDLEY	1	1:44.25	1:44.25*							
50 BACKSTROKE	3	:45.59				:49.90*		:47.20*	:45.59*	
50 FREESTYLE	4	:41.27		:43.63*	:41.99*	:41.28*		:41.66	:41.27*	

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PROGRESSION for Short Course Yards

3/5/2006		Lauren Dalecky				9-10		3/24/1995			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO		
		BEST	11/19/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006		
100 BREASTSTROKE	4	1:35.07	1:39.17*	1:39.77	1:36.73*	1:35.71*	1:37.16	1:35.07*	1:36.10		
100 INDIV. MEDLEY	6	1:30.12	1:35.77*	1:35.12*	1:32.95*	1:31.29*	1:33.02	1:30.72*	1:30.12*		
50 BREASTSTROKE	7	:41.65	:44.93*	:44.38*	:43.01*	:42.64*	:42.33*	:42.02*	:41.65*		
3/5/2006		Samantha Fitzgerald				9-10		6/4/1996			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 BACKSTROKE	2	:43.34				:46.53*		:43.34*			
50 BUTTERFLY	1	:50.51	:50.51*	:50.53							
100 BREASTSTROKE	3	1:39.72	1:48.70*	1:45.91*		1:39.72*	1:42.21		1:41.28	1:42.29	
100 INDIV. MEDLEY	2	1:33.11	1:38.66*	1:40.07	1:39.07		1:33.11*		1:36.87	1:33.17	
200 FREESTYLE	1	3:17.74				3:17.74*					
100 FREESTYLE	1	1:29.36					1:29.36*				
50 FREESTYLE	1	:37.96							:37.96*		
50 BREASTSTROKE	2	:46.76			:48.85*			:46.76*		:47.57	
100 BACKSTROKE	2	1:36.70			1:41.22*			1:36.70*	1:45.24		
3/5/2006		Alexa Klimes				9-10		1/9/1995			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 BACKSTROKE	5	:38.60	:43.30*	:45.16	:41.21*	:40.83*	:39.03*	:40.74	:39.28	:40.85	:38.60*
100 INDIV. MEDLEY	1	1:34.91		1:34.91*							
100 BACKSTROKE	1	1:30.46					1:30.46*				
100 FREESTYLE	2	1:18.72						1:20.03*	1:18.72*	1:19.63	1:18.91
50 FREESTYLE	3	:34.68	:35.51*	:36.93	:35.17*	:35.93	:35.94	:34.68*	:35.04	:35.87	
50 BREASTSTROKE	1	:49.65	:49.65*		:49.77	:49.76					
3/5/2006		Raquel Kragel				9-10		10/18/1995			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL				
		BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006				
50 BUTTERFLY	3	1:07.73			1:07.95*	1:07.80*	1:07.73*				
50 FREESTYLE	4	:49.17	:58.14*	:54.09*		:50.01*	:49.17*				
50 BACKSTROKE	3	:53.18	:56.83*	:55.22*	:53.18*	:54.07	:54.42				
100 BACKSTROKE	3	1:55.83	2:04.01*	1:57.01*	1:55.83*						
3/5/2006		Marisa MacVey				9-10		12/24/1994			
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL					
		BEST	12/3/2005	12/10/2005	1/14/2006	1/28/2006					
50 BUTTERFLY	4	:46.18	:48.37*	:48.13*	:47.88*	:47.99	:46.18*				
50 FREESTYLE	3	:37.89	:39.37*	:40.13	:38.44*	:38.74	:37.89*				
100 FREESTYLE	3	1:24.85	1:28.59*	1:31.27	1:26.39*	1:28.62	1:24.85*				
3/5/2006		Kallie McSperrin				9-10		7/8/1996			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	2005-6 WAL				
		BEST	11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/28/2006				
50 FREESTYLE	3	:41.34	:44.58*	:42.30*	:41.34*	:43.66	:41.36				
50 BACKSTROKE	3	:51.23		:54.36*	:51.70*	:52.86	:51.23*				
50 BREASTSTROKE	3	:51.53	:53.01*	:53.03	:53.05	:52.03*	:51.53*				

MACR Sharks

2005-2006 Season

PROGRESSION for Short Course Yards

3/5/2006		Kaitlyn Pitlik					9-10		4/17/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
50 BREASTSTROKE	2	1:00.47	1:01.16*	1:04.01	1:00.47*	1:00.91				
50 FREESTYLE	2	:46.59	:46.68*	:46.59*	:47.47	:48.23				
50 BACKSTROKE	1	:59.02				:59.02*				
3/5/2006		Lauren Reynolds					9-10		6/17/1995	
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
100 INDIV. MEDLEY	5	1:23.03	1:29.78*	1:30.92	1:27.81*	1:27.01*	1:24.48*	1:23.03*		
50 BUTTERFLY	3	:38.23			:41.24*		:40.24*	:38.23*		
100 BREASTSTROKE	3	1:32.67			1:36.80*		1:33.97*	1:32.67*		
50 BREASTSTROKE	3	:43.94	:46.34*	:45.65*		:43.94*				
50 FREESTYLE	1	:35.58				:35.58*				
100 FREESTYLE	2	1:26.97	1:27.03*	1:26.97*						
3/5/2006		Kari Tanberg					9-10		10/3/1996	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 WAL 1/28/2006				
200 FREESTYLE	1	3:26.80				3:26.80*				
50 BREASTSTROKE	1	:55.67		:55.67*						
100 FREESTYLE	1	1:35.24	1:35.24*		1:36.69					
50 BACKSTROKE	2	:45.32	:45.74*	:45.32*	:46.67	:45.45				
100 BACKSTROKE	3	1:43.26	1:45.61*	1:44.11*	1:43.26*					
3/5/2006		Andie Toledo					9-10		5/22/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
50 BUTTERFLY	1	:54.03				:54.03*				
50 FREESTYLE	1	:39.83	:39.83*	:39.85		:41.13				
100 FREESTYLE	2	1:29.78	1:33.21*		1:29.78*					
50 BACKSTROKE	2	:45.81	:51.81*		:45.81*					
100 BACKSTROKE	2	1:42.44		1:49.19*		1:42.44*				
3/5/2006		Madeline Turner					9-10		11/28/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 INDIV. MEDLEY	4	1:27.42	1:31.48*	1:30.18*		1:30.44	1:27.89*		1:27.42*	1:27.44
50 BUTTERFLY	3	:40.29			:42.27*		:42.09*	:40.29*	:40.32	:41.61
50 BREASTSTROKE	2	:47.68	:49.07*		:47.68*					
50 BACKSTROKE	2	:39.65		:42.17*				:39.65*		
50 FREESTYLE	3	:33.33	:35.51*	:34.64*	:34.88	:35.93	:33.33*		:35.67	:34.43
100 FREESTYLE	1	1:21.38				1:21.38*		1:23.56		
3/5/2006		Jaden Urbi					9-10		8/21/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006		
50 BACKSTROKE	5	:45.13	:50.68*	:49.71*	:49.32*	:46.67*	:47.89	:45.13*		
50 FREESTYLE	5	:38.32	:44.46*	:43.67*	:44.41	:41.50*	:40.98*	:38.32*		

MACR Sharks

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PROGRESSION for Short Course Yards

3/5/2006		Trynann Utzinger		9-10			7/9/1996				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO				
	BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006				
50 BREASTSTROKE	1	:58.56	:58.56*								
50 BACKSTROKE	4	:40.38	:47.33*	:43.63*	:44.69	:46.42	:41.65*	:40.38*			
50 FREESTYLE	3	:36.38		:40.05*	:38.95*	:39.89	:36.38*				
3/5/2006		Madeline Walker		9-10			2/11/1996				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA					
	BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006					
50 FREESTYLE	5	:40.04	:46.55*	:44.80*	:43.90*	:40.32*	:40.04*				
50 BACKSTROKE	2	:46.72	:51.78*		:46.72*	:47.68	:51.26				
3/5/2006		Jessica Arebaugh		11-12			1/19/1994				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO	
	BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006	
50 FREESTYLE	4	:30.17	:30.52*	:30.72	:30.23*	:30.52	:30.60	:30.22*	:30.17*	:30.72	:30.35
50 BUTTERFLY	1	:33.61	:33.61*	:35.22	:33.75	:34.16	:34.51	:34.52	:34.30	:34.08	
100 INDIV. MEDLEY	3	1:16.86	1:18.83*	1:18.49*	1:16.86*	1:18.92	1:20.13	1:18.33	1:18.03	1:17.05	1:17.74
3/5/2006		Abby Carpenter		11-12			4/14/1994				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA					
	BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006					
50 FREESTYLE	4	:34.23	:35.20*	:34.68*	:34.27*	:35.13	:34.23*				
50 BACKSTROKE	5	:39.66	:43.21*	:41.80*	:40.95*	:40.47*	:39.66*				
100 BACKSTROKE	4	1:26.63	1:35.72*	1:31.35*	1:29.34*	1:29.58	1:26.63*				
3/5/2006		Samantha Carpenter		11-12			4/14/1994				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL						
	BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006						
50 FREESTYLE	3	:35.19	:35.36*	:36.61	:35.36*	:35.19*					
50 BACKSTROKE	2	:42.14	:43.38*	:44.37	:42.14*	:42.41					
50 BREASTSTROKE	4	:46.15	:51.14*	:50.55*	:47.71*	:46.15*					
3/5/2006		Alexandra Dunn		11-12			7/18/1994				
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO		
	BEST	11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006		
100 FREESTYLE	4	1:07.55		1:14.46*	1:13.17*	1:09.05*	1:10.00	1:11.25	1:07.55*	1:08.86	
50 BUTTERFLY	4	:35.12	:36.95*	:36.33*	:36.25*	:35.12*	:37.21	:36.24	:35.50	:35.75	
50 FREESTYLE	3	:31.28	:32.44*	:32.70	:32.35*	:31.28*	:31.82	:32.20	:31.41		
100 INDIV. MEDLEY	1	1:25.84	1:25.84*								
3/5/2006		Danielle Gallet		11-12			6/23/1994				
	SEASON	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005/06 MA	2005-06 IO					
	BEST	12/10/2005	1/14/2006	1/21/2006	2/12/2006	3/4/2006					
50 FREESTYLE	3	:31.05	:31.47*	:31.30*		:31.05*					
50 BREASTSTROKE	4	:37.68	:39.37*	:38.77*	:37.94*	:38.10	:37.68*				
100 BREASTSTROKE	4	1:24.55	1:30.57*	1:29.58*	1:27.23*	1:28.98	1:24.55*				

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PROGRESSION for Short Course Yards

3/5/2006		Nicki Henn			11-12		1/3/1994				
		SEASON BEST	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006							
50 BREASTSTROKE	1	:50.40	:50.40*	:52.44							
50 FREESTYLE	1	:37.86	:37.86*	:40.19							
50 BACKSTROKE	1	:45.03	:45.03*								
3/5/2006		Nicole Larsen			11-12		4/24/1994				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
100 BACKSTROKE	3	1:22.32	1:26.65*	1:26.11*		1:22.32*					
50 BACKSTROKE	1	:35.65					:35.65*				
200 FREESTYLE	2	2:44.40	2:50.39*	2:52.83	2:44.40*	2:46.74					
50 FREESTYLE	1	:32.54					:32.54*				
100 FREESTYLE	2	1:13.94	1:16.55*	1:17.17		1:13.94*	1:14.53				
3/5/2006		Carmen McCoy			11-12		5/19/1993				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 FREESTYLE	3	:31.63	:33.25*			:32.69*		:31.63*			
100 INDIV. MEDLEY	4	1:19.43	1:23.97*	1:21.41*	1:24.48	1:21.71	1:20.91*	1:19.43*		1:19.52	1:21.17
50 BUTTERFLY	4	:35.42		:37.34*	:37.09*		:35.82*	:35.42*	:35.82	:35.87	
100 BACKSTROKE	1	1:25.68		1:25.68*							
50 BREASTSTROKE	2	:41.28			:43.97*			:41.28*	:42.87	:42.23	
100 BREASTSTROKE	3	1:31.92	1:35.43*			1:32.17*	1:31.92*		1:32.84		
3/5/2006		Henna McCoy			11-12		11/22/1994				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BREASTSTROKE	1	:49.51		:49.51*							
50 FREESTYLE	5	:31.99	:34.88*		:34.72*		:32.43*	:32.25*	:31.99*	:32.60	
100 FREESTYLE	2	1:16.99	1:19.86*	1:16.99*	1:17.44	1:17.15					
50 BACKSTROKE	3	:36.50	:39.45*			:37.99*	:36.50*	:36.79	:36.79	:37.25	:36.80
100 BACKSTROKE	6	1:19.11		1:26.70*	1:24.59*	1:23.95*	1:19.56*	1:20.77	1:20.18	1:19.33*	1:19.11*
3/5/2006		Sarah Otting			11-12		10/6/1993				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006						
200 MEDLEY RELAY	1	2:32.33	2:32.33*								
100 INDIV. MEDLEY	1	1:29.43		1:29.43*							
100 BREASTSTROKE	2	1:28.60	1:28.82*	1:29.64	1:28.60*						
50 FREESTYLE	1	:36.59	:36.59*								
50 BREASTSTROKE	3	:40.25	:42.29*	:41.01*	:40.25*						
3/5/2006		Naomi Pfeil			11-12		10/26/1993				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006			
50 FREESTYLE	1	:32.71					:32.71*	:33.22			
100 INDIV. MEDLEY	4	1:28.56	1:35.63*	1:34.16*	1:30.91*	1:28.56*					
50 BUTTERFLY	2	:41.11				:42.02*	:41.11*	:42.39			
100 FREESTYLE	4	1:13.05	1:20.93*	1:21.13	1:19.22*	1:15.05*	1:13.05*	1:14.40			
200 FREESTYLE	3	2:56.38	3:01.94*	2:57.48*	2:56.38*						

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PROGRESSION for Short Course Yards

3/5/2006		Lauren Rausch				11-12		10/8/1994		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
50 FREESTYLE	2	:34.54		:35.78*	:34.54*	:34.87				
100 FREESTYLE	1	1:18.93				1:18.93*				
50 BREASTSTROKE	2	:45.90	:47.13*	:45.90*						
50 BUTTERFLY	3	:35.95	:38.12*	:37.15*	:35.95*	:36.60				
100 INDIV. MEDLEY	2	1:30.70	1:34.53*		1:30.70*					
3/5/2006		Alexandra Scharmer				11-12		9/28/1994		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BACKSTROKE	4	:35.06	:36.64*	:36.29*	:36.50	:35.77*	:35.06*	:36.52	:35.48	:35.57
100 BACKSTROKE	3	1:15.70	1:22.61*		1:20.25*		1:15.70*	1:20.54	1:18.51	1:18.49
50 BUTTERFLY	3	:33.32	:35.05*	:35.25	:34.11*	:36.19	:34.45	:33.32*	:34.68	:34.27
100 INDIV. MEDLEY	2	1:21.47		1:23.18*		1:21.47*				
3/5/2006		Jacqueline Smith				11-12		5/14/1993		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
100 BACKSTROKE	1	2:34.45	2:34.45*							
50 BREASTSTROKE	1	1:03.17				1:03.17*				
50 FREESTYLE	3	:48.98	1:02.14*	:58.38*	:48.98*	:51.87				
50 BACKSTROKE	3	:58.40	1:07.48*	1:02.03*	:58.40*					
3/5/2006		Alex Stephens				11-12		9/4/1993		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006		
50 FREESTYLE	2	:33.60	:34.06*	:34.65	:35.25	:34.11	:34.58	:33.60*		
500 FREESTYLE	1	7:45.08	7:45.08*							
50 BACKSTROKE	3	:38.69	:41.28*			:41.30	:40.58*	:38.69*		
100 BACKSTROKE	1	1:28.56		1:28.56*						
50 BREASTSTROKE	2	:42.44		:42.86*		:42.44*	:43.09	:43.06		
100 BREASTSTROKE	1	1:34.91	1:34.91*							
100 INDIV. MEDLEY	1	1:29.42			1:29.42*					
3/5/2006		Katie Storey				11-12		12/18/1992		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
50 FREESTYLE	3	:34.05	:34.59*	:34.36*	:34.05*					
50 BREASTSTROKE	3	:40.01	:42.36*	:40.09*	:40.01*	:40.43	:40.25			
100 BREASTSTROKE	3	1:26.08				1:31.86*	1:29.56*	1:26.08*		
100 INDIV. MEDLEY	3	1:23.00	1:25.21*	1:25.54	1:25.13*	1:23.00*				
200 FREE RELAY	1	2:14.18	2:14.18*							
3/5/2006		Molly Strand				11-12		4/5/1993		
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 FREESTYLE	1	:30.95	:30.95*	:31.34	:31.16	:31.54	:31.35	:31.46		
200 FREESTYLE	4	2:27.07	2:34.89*	2:31.81*	2:29.68*	2:29.85	2:32.60	2:27.07*	2:30.42	
100 INDIV. MEDLEY	3	1:20.74	1:22.94*	1:24.06	1:23.55	1:21.28*	1:23.51	1:20.74*	1:25.78	

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3/5/2006		Alyssa Tripp		11-12			12/23/1992
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 WAL	2005/06 MA	2005-06 IO
		11/19/2005	12/3/2005	12/10/2005	1/28/2006	2/12/2006	3/4/2006
50 FREESTYLE	2	:34.46	:35.38*	:34.46*			
500 FREESTYLE	1	7:41.91	7:41.91*				
50 BREASTSTROKE	3	:39.08	:40.83*	:41.23	:39.71*	:39.08*	:39.14
100 BREASTSTROKE	2	1:23.71			1:25.22*	1:23.71*	1:25.21
100 INDIV. MEDLEY	4	1:19.73	1:24.05*	1:26.09	1:25.48	1:23.13*	1:20.85*
3/5/2006		Abby Turner		11-12			12/30/1993
SEASON BEST		2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005/06 MA
		11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	2/12/2006
50 FREESTYLE	1	:34.61				:34.61*	:34.86
100 INDIV. MEDLEY	1	1:42.07	1:42.07*				
50 BUTTERFLY	1	:45.00				:45.00*	
100 BACKSTROKE	1	1:38.55		1:38.55*			
50 BACKSTROKE	4	:41.06	:43.83*		:43.44*	:42.95*	:41.06*
100 FREESTYLE	4	1:17.56	1:21.47*	1:19.52*	1:23.01	1:18.58*	1:17.56*
200 FREESTYLE	2	2:52.26	2:52.51*	2:53.23	2:54.82	2:52.26*	
3/5/2006		Kaitlin Ungs		11-12			12/15/1992
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR			
		11/19/2005	12/3/2005	12/10/2005			
100 INDIV. MEDLEY	2	1:17.25	1:19.10*	1:17.25*			
50 BUTTERFLY	2	:32.82	:32.90*	:34.35	:32.82*		
50 BACKSTROKE	1	:35.95	:35.95*				
100 FREESTYLE	1	1:07.27	1:07.27*	1:08.20			
50 FREESTYLE	1	:30.44		:30.44*			
3/5/2006		Jenny Vestle		11-12			6/4/1994
SEASON BEST		2005-6 TUR	2005-6 MAC	2005/06 MA			
		11/19/2005	12/17/2005	2/12/2006			
100 FREESTYLE	3	1:19.25	1:28.33*	1:20.30*	1:19.25*		
100 INDIV. MEDLEY	3	1:36.14	1:40.93*	1:36.55*	1:36.14*		
50 FREESTYLE	3	:35.58	:36.61*	:36.04*	:35.58*		
3/5/2006		Laura Vestle		11-12			12/14/1993
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 DUB			
		11/19/2005	12/17/2005	1/14/2006			
100 FREESTYLE	1	1:25.89	1:25.89*				
50 BREASTSTROKE	1	:45.55	:45.55*	:46.75			
50 FREESTYLE	1	:35.06	:35.06*	:35.63	:36.96		
100 BREASTSTROKE	1	1:41.86	1:41.86*				
3/5/2006		Emily Berger		13-14			3/8/1991
SEASON BEST		2005-6 MAC	2005-6 MAR	2005-6 MAC	FAIRFIELD	2005/06 MA	
		12/3/2005	12/10/2005	12/17/2005	1/21/2006	2/12/2006	
50 FREESTYLE	3	:35.41	:36.05*	:35.83*	:35.41*	:36.98	
50 BREASTSTROKE	1	:34.63	:34.63*	:44.70	:43.63	:42.82	:44.25

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3/5/2006		Taylor Buckley					13-14	9/14/1991	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 WAL 1/28/2006	2005-6 MA 2/12/2006			
50 FREESTYLE	1	:31.02	:31.02*	:31.13	:32.05	:31.72			
50 BACKSTROKE	2	:35.67	:36.61*	:36.62	:35.67*	:35.73			
100 BACKSTROKE	1	1:18.98			1:18.98*	1:19.45			
3/5/2006		Meg Deignan					13-14	5/24/1991	
		SEASON BEST	2005-6 MAC 12/3/2005						
50 FREESTYLE	1	:30.35	:30.35*						
100 BUTTERFLY	1	1:31.46	1:31.46*						
200 FREESTYLE	1	2:28.18	2:28.18*						
3/5/2006		Erin Gerken					13-14	7/25/1992	2005-6 IO 3/4/2006
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005-6 MA 2/12/2006
100 BACKSTROKE	1	1:16.98		1:16.98*					
200 INDIV. MEDLEY	1	2:45.31					2:45.31*		2:53.09
100 INDIV. MEDLEY	1	1:17.66	1:17.66*						
50 BUTTERFLY	3	:32.03	:34.16*					:32.03*	
50 BREASTSTROKE	1	:40.09						:40.09*	
50 BACKSTROKE	1	:36.49			:36.49*				
500 FREESTYLE	1	6:43.58			6:43.58*	6:55.74			
200 FREESTYLE	1	2:26.54		2:26.54*					
100 FREESTYLE	2	1:04.94	1:08.38*				1:04.94*		1:05.82
50 FREESTYLE	2	:29.35		:29.49*	:29.73	:29.35*		:29.91	
100 BREASTSTROKE	2	1:25.29					1:25.68*	1:26.30	1:25.29*
3/5/2006		Amy Henn					13-14	11/6/1992	
		SEASON BEST	2005-6 WAL 1/28/2006						
50 FREESTYLE	1	:34.32	:34.32*						
50 BACKSTROKE	1	:42.96	:42.96*						
3/5/2006		Meg Kelly					13-14	8/5/1992	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005-6 MA 2/12/2006			
50 BREASTSTROKE	2	:51.03		:52.30*	:53.98	:51.03*			
50 FREESTYLE	1	:36.36	:36.36*	:37.20					
100 FREESTYLE	1	1:26.41	1:26.41*						
50 BACKSTROKE	2	:44.60		:45.85*	:44.60*	:44.82			
3/5/2006		Nicole Kennedy					13-14	8/11/1991	
		SEASON BEST	2005-6 TUR 11/19/2005						
100 BACKSTROKE	1	1:11.94	1:11.94*						
50 BUTTERFLY	1	:36.47	:36.47*						
100 INDIV. MEDLEY	1	1:16.52	1:16.52*						

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PROGRESSION for Short Course Yards

3/5/2006		Katie Kraemer		13-14			9/14/1991		
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 BREASTSTROKE	5	1:20.20	1:23.93*	1:23.60*	1:22.09*	1:21.16*	1:22.24	1:20.20*	1:21.86
100 INDIV. MEDLEY	3	1:15.89		1:17.31*	1:17.24*	1:15.89*	1:17.17	1:16.71	1:17.58
50 BREASTSTROKE	3	:36.99	:38.20*	:37.38*	:36.99*	:37.30	:37.16	:38.39	:37.44
50 FREESTYLE	1	:31.65	:31.65*						
3/5/2006		Emma McVey		13-14			5/16/1991		
		SEASON BEST	2005-6 TUR 11/19/2005						
100 FREESTYLE	1	1:07.73	1:07.73*						
50 FREESTYLE	1	:30.19	:30.19*						
3/5/2006		Marybeth McWhinney		13-14			2/6/1991		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006		
50 FREESTYLE	1	:30.58	:30.58*	:30.79	:31.11	:31.71	:30.87		
100 FREESTYLE	2	1:09.11	1:09.11*	1:10.55	1:10.42	1:09.11*			
50 BACKSTROKE	2	:38.66		:38.75*	:38.66*	:39.12			
3/5/2006		Megan Otting		13-14			7/15/1991		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006				
50 FREESTYLE	1	:28.31	:28.31*	:28.87	:28.51				
100 INDIV. MEDLEY	1	1:12.77	1:12.77*	1:12.90					
100 FREESTYLE	2	1:02.81		1:03.15*	1:02.81*				
200 FREESTYLE	1	2:22.83	2:22.83*						
3/5/2006		Christina Scharmer		13-14			6/10/1992		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 BACKSTROKE	1	:36.25	:36.25*						
100 BACKSTROKE	1	1:17.55			1:17.55*		1:18.97		
50 BREASTSTROKE	3	:36.73	:37.90*	:38.05	:37.09*	:37.98	:37.33	:36.73*	
100 BREASTSTROKE	3	1:23.56		1:26.87*	1:24.19*	1:25.10	1:23.56*	1:23.57	
100 INDIV. MEDLEY	2	1:17.62	1:18.46*	1:17.62*		1:18.89			
3/5/2006		Hannah Sorsby		13-14			10/23/1992		
		SEASON BEST	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006		
50 FREESTYLE	1	:30.75	:30.75*	:30.82	:30.89	:30.94			
100 FREESTYLE	2	1:12.76	1:16.21*		1:12.76*	1:13.59			
50 BACKSTROKE	3	:37.60	:38.67*		:37.60*	:38.00	:37.60*		
3/5/2006		Kimberly Sorsby		13-14			10/27/1991		
		SEASON BEST	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006		
50 FREESTYLE	1	:30.05	:30.05*	:30.40	:30.72	:31.16	:30.66		
50 BACKSTROKE	3	:35.90	:36.24*	:35.94*	:36.14	:36.77	:35.90*		
50 BUTTERFLY	1	:36.96				:36.96*			

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3/5/2006		Bailey Strausser				13-14		12/28/1991		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005				
100 BREASTSTROKE	3	1:17.75	1:19.17*	1:18.76*	1:17.75*	1:18.62				
50 BREASTSTROKE	1	:34.13	:34.13*	:35.01	:35.61	:34.80				
50 FREESTYLE	1	:29.81				:29.81*				
100 INDIV. MEDLEY	1	1:12.71	1:12.71*	1:14.24	1:15.82					
3/5/2006		Maureen Usher				13-14		12/21/1990		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
100 INDIV. MEDLEY	1	1:11.00	1:11.00*							
200 INDIV. MEDLEY	1	2:38.18		2:38.18*			2:40.18	2:38.38		
100 BACKSTROKE	3	1:08.11	1:11.74*	1:08.70*			1:10.90	1:08.11*		
50 BACKSTROKE	2	:31.14	:31.75*	:31.86	:31.14*	:32.61				
200 FREESTYLE	1	2:17.62				2:17.62*				
100 FREESTYLE	1	1:00.35			1:00.35*	1:02.12				
50 FREESTYLE	1	:27.40			:27.40*					
3/5/2006		Jarrah Vance				13-14		7/10/1992		
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
50 BREASTSTROKE	3	:39.09	:39.89*		:39.22*	:39.09*				
100 INDIV. MEDLEY	4	1:16.87	1:21.24*	1:21.18*	1:21.03*	1:16.87*	1:22.27			
50 FREESTYLE	3	:29.38	:30.37*	:31.52	:30.11*	:29.38*	:29.87			
3/5/2006		Sarah Wodnik				13-14		1/24/1992		
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 BREASTSTROKE	1	1:29.15				1:29.15*		1:29.36		
50 BUTTERFLY	3	:32.42	:34.51*	:33.24*	:33.56		:33.39	:32.42*		
200 INDIV. MEDLEY	3	2:40.16		2:43.86*					2:42.47*	2:40.16*
100 INDIV. MEDLEY	1	1:14.79	1:14.79*		1:14.96					
50 BREASTSTROKE	1	:40.75		:40.75*						
100 FREESTYLE	2	1:06.22				1:06.62*			1:06.22*	1:06.74
50 FREESTYLE	2	:29.82			:29.95*	:29.82*	:30.23	:30.11		
100 BUTTERFLY	3	1:14.90					1:19.42*		1:15.70*	1:14.90*
3/5/2006		Catherine Crew				15-18		1/13/1990		
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
100 BACKSTROKE	1	1:12.02		1:12.02*						
100 INDIV. MEDLEY	3	1:08.69			1:13.81*	1:10.84*	1:08.69*			
200 FREESTYLE	1	2:15.83	2:15.83*		2:18.26					
100 FREESTYLE	4	:59.02	1:01.58*	1:00.89*		1:00.06*	:59.02*			
50 FREESTYLE	2	:27.05	:27.43*	:27.57	:27.97	:27.47	:27.05*			

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3/5/2006		Amanda Ickes			15-18			5/18/1990
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 INDIV. MEDLEY	1	1:14.13			1:14.13*			
100 FREESTYLE	5	1:00.06	1:02.90*	1:02.09*	1:01.28*		1:00.98*	1:00.06*
200 FREESTYLE	1	2:21.41		2:21.41*	2:22.91			
50 BACKSTROKE	1	:33.59		:33.59*		:33.68		
50 BREASTSTROKE	1	:37.08				:37.08*		
100 BREASTSTROKE	2	1:17.87	1:21.77*				1:17.87*	1:18.41
50 FREESTYLE	3	:27.41	:28.41*			:28.22*	:28.37	:27.41*
3/5/2006		Anna Jankwietz			15-18			1/12/1990
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006				
200 MEDLEY RELAY	0	2:07.16						
50 BREASTSTROKE	1	:36.97	:36.97*					
50 FREESTYLE	2	:30.82	:31.13*	:30.82*				
3/5/2006		Miriam Liabo			15-18			7/20/1990
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006				
200 FREE RELAY	0	1:56.44						
3/5/2006		Danielle Nahra			15-18			6/30/1990
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 FREESTYLE	1	:27.57	:27.57*	:28.33	:28.78	:28.11	:28.64	:27.58
50 BACKSTROKE	4	:31.86	:33.35*	:33.76	:33.94	:32.69*	:32.08*	:31.86*
100 BACKSTROKE	5	1:10.12	1:14.04*	1:13.58*	1:15.08	1:11.81*	1:11.58*	1:10.12*
3/5/2006		Meaghan Nelson			15-18			2/12/1990
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 FREESTYLE	2	1:00.90			1:03.84*		1:03.88	1:00.90*
200 FREESTYLE	3	2:12.12			2:19.01*	2:16.90*	2:18.28	2:12.12*
50 BACKSTROKE	1	:33.97		:33.97*				
100 BACKSTROKE	1	1:12.89	1:12.89*					
50 BUTTERFLY	2	:31.92	:33.03*	:31.92*				
100 INDIV. MEDLEY	3	1:11.73		1:14.82*		1:12.35*	1:14.77	1:11.73*
200 INDIV. MEDLEY	2	2:40.42	2:41.39*		2:40.42*			
3/5/2006		Breanne Peck			15-18			8/23/1989
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006
50 BACKSTROKE	2	:32.64	:32.68*	:33.79	:32.64*	:33.01	:32.84	:32.65
100 BACKSTROKE	2	1:11.01	1:12.31*		1:12.78		1:11.01*	
50 FREESTYLE	1	:28.95	:28.95*	:29.64	:29.11	:29.11	:28.97	:29.43
50 BUTTERFLY	1	:34.00						:34.00*
100 FREESTYLE	2	1:03.46		1:04.92*		1:03.46*		

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3/5/2006		Jennifer Quella					15-18		9/3/1990	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006			
100 BREASTSTROKE	1	1:19.56			1:19.56*					
200 MEDLEY RELAY	1	2:39.72	2:39.72*							
200 INDIV. MEDLEY	1	2:35.96	2:35.96*							
100 INDIV. MEDLEY	3	1:08.72		1:09.74*	1:09.47*	1:08.72*				
50 BUTTERFLY	2	:29.70		:29.74*	:29.96	:29.70*				
50 BREASTSTROKE	1	:36.64					:36.64*			
50 BACKSTROKE	2	:33.24	:33.55*				:33.24*			
500 FREESTYLE	1	6:30.90	6:30.90*							
50 FREESTYLE	1	:28.81					:28.81*			
100 BUTTERFLY	1	1:07.00	1:07.00*	1:07.45		1:07.34				
3/5/2006		Suzy Sevier					15-18		11/2/1989	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
100 FREESTYLE	1	1:04.98	1:04.98*	1:05.96		1:05.95	1:05.95	1:06.92	1:05.33	
50 BUTTERFLY	1	:32.55				:32.55*				
100 INDIV. MEDLEY	1	1:18.08				1:18.08*				
100 BREASTSTROKE	3	1:24.21	1:25.44*		1:25.31*			1:24.21*	1:24.29	
50 FREESTYLE	1	:29.14	:29.14*	:29.75				:29.89		
50 BREASTSTROKE	1	:38.25			:38.25*					
200 FREESTYLE	2	2:24.59			2:27.73*		2:24.59*			
3/5/2006		Brittany Tripp					15-18		4/13/1990	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 FREESTYLE	1	:27.89	:27.89*		:28.30	:29.37				
100 FREESTYLE	1	1:02.76	1:02.76*							
50 BACKSTROKE	1	:33.87		:33.87*						
100 BACKSTROKE	1	1:14.60					1:14.60*			
50 BREASTSTROKE	4	:35.58			:36.70*		:36.15*	:35.82*	:35.58*	
100 BREASTSTROKE	4	1:15.16		1:19.13*		1:16.68*		1:16.40*	1:15.16*	
50 BUTTERFLY	1	:31.27	:31.27*			:31.96				
100 INDIV. MEDLEY	3	1:09.90			1:10.65*			1:10.37*	1:09.90*	
200 INDIV. MEDLEY	1	:37.21		:37.21*			2:33.69			
3/5/2006		Megan Vance					15-18		11/12/1989	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
200 FREESTYLE	1	2:22.06		2:22.06*						
500 FREESTYLE	1	6:39.25		6:39.25*						
100 FREESTYLE	1	1:03.95	1:03.95*		1:06.46	1:05.33	1:05.71	1:04.67		
50 FREESTYLE	2	:29.03	:29.17*	:30.01	:29.35	:29.03*	:29.48	:29.43		
100 FREE RELAY	1	1:26.66	1:26.66*							

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3/5/2006		Kristen Weaverling		15-18			6/1/1990
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BUTTERFLY	2	:33.15	:33.33*		:33.15*		
100 INDIV. MEDLEY	1	1:16.21	1:16.21*				
100 BREASTSTROKE	2	1:22.34	1:23.69*	1:22.34*		1:24.28	1:23.60
100 BACKSTROKE	1	1:14.78		1:14.78*		1:18.84	
100 FREESTYLE	1	1:05.84		1:05.84*			
50 FREESTYLE	1	:30.28			:30.28*		
200 INDIV. MEDLEY	3	2:42.42			2:48.88*	2:46.36*	2:42.42*
3/5/2006		Emily Berger		12&OV			3/8/1991
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	FAIRFIELD 1/21/2006	2005/06 MA 2/12/2006
50 FREESTYLE	3	:35.41	:36.05*	:35.83*		:35.41*	:36.98
50 BREASTSTROKE	1	:34.63	:34.63*	:44.70	:43.63	:42.82	:44.25
3/5/2006		Taylor Buckley		12&OV			9/14/1991
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
50 FREESTYLE	1	:31.02	:31.02*	:31.13	:32.05	:31.72	
50 BACKSTROKE	2	:35.67	:36.61*	:36.62	:35.67*	:35.73	
100 BACKSTROKE	1	1:18.98			1:18.98*	1:19.45	
3/5/2006		Catherine Crew		12&OV			1/13/1990
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 FREESTYLE	4	:59.02	1:01.58*	1:00.89*		1:00.06*	:59.02*
100 INDIV. MEDLEY	3	1:08.69			1:13.81*	1:10.84*	1:08.69*
100 BACKSTROKE	1	1:12.02		1:12.02*			
50 FREESTYLE	2	:27.05	:27.43*	:27.57	:27.97	:27.47	:27.05*
200 FREESTYLE	1	2:15.83	2:15.83*		2:18.26		
3/5/2006		Meg Deignan		12&OV			5/24/1991
		SEASON BEST	2005-6 MAC 12/3/2005				
50 FREESTYLE	1	:30.35	:30.35*				
200 FREESTYLE	1	2:28.18	2:28.18*				
100 BUTTERFLY	1	1:31.46	1:31.46*				

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3/5/2006		Erin Gerken		12&OV				7/25/1992		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BUTTERFLY	3	:32.03	:34.16*			:33.62*		:32.03*		
100 INDIV. MEDLEY	1	1:17.66	1:17.66*							
100 BREASTSTROKE	2	1:25.29					1:25.68*		1:26.30	1:25.29*
50 BREASTSTROKE	1	:40.09						:40.09*		
100 BACKSTROKE	1	1:16.98		1:16.98*						
500 FREESTYLE	1	6:43.58			6:43.58*	6:55.74				
200 FREESTYLE	1	2:26.54		2:26.54*						
100 FREESTYLE	2	1:04.94	1:08.38*				1:04.94*		1:05.82	1:05.24
50 FREESTYLE	2	:29.35		:29.49*	:29.73	:29.35*		:29.91		
50 BACKSTROKE	1	:36.49			:36.49*					
200 INDIV. MEDLEY	1	2:45.31					2:45.31*		2:53.09	
3/5/2006		Amy Henn		12&OV				11/6/1992		
		SEASON BEST	2005-6 WAL 1/28/2006							
50 FREESTYLE	1	:34.32	:34.32*							
50 BACKSTROKE	1	:42.96	:42.96*							
3/5/2006		Amanda Ickes		12&OV				5/18/1990		
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
100 FREESTYLE	5	1:00.06	1:02.90*	1:02.09*	1:01.28*		1:00.98*	1:00.06*		
100 INDIV. MEDLEY	1	1:14.13			1:14.13*					
100 BREASTSTROKE	2	1:17.87	1:21.77*				1:17.87*	1:18.41		
50 BREASTSTROKE	1	:37.08				:37.08*				
200 FREESTYLE	1	2:21.41		2:21.41*	2:22.91					
50 FREESTYLE	3	:27.41	:28.41*			:28.22*	:28.37	:27.41*		
50 BACKSTROKE	1	:33.59		:33.59*		:33.68				
3/5/2006		Anna Jankwietz		12&OV				1/12/1990		
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006						
50 FREESTYLE	2	:30.82	:31.13*	:30.82*						
50 BREASTSTROKE	1	:36.97	:36.97*							
200 MEDLEY RELAY	0	2:07.16								
3/5/2006		Meg Kelly		12&OV				8/5/1992		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006				
50 BACKSTROKE	2	:44.60		:45.85*	:44.60*	:44.82				
50 BREASTSTROKE	2	:51.03		:52.30*	:53.98	:51.03*				
50 FREESTYLE	1	:36.36	:36.36*	:37.20						
100 FREESTYLE	1	1:26.41	1:26.41*							
3/5/2006		Nicole Kennedy		12&OV				8/11/1991		
		SEASON BEST	2005-6 TUR 11/19/2005							
50 BUTTERFLY	1	:36.47	:36.47*							
100 INDIV. MEDLEY	1	1:16.52	1:16.52*							
100 BACKSTROKE	1	1:11.94	1:11.94*							

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PROGRESSION for Short Course Yards

3/5/2006		Katie Kraemer			12&OV			9/14/1991			
		SEASON	2005-6 MAR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO		
		BEST	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006		
100 BREASTSTROKE	5	1:20.20	1:23.93*	1:23.60*	1:22.09*	1:21.16*	1:22.24	1:20.20*	1:21.86		
100 INDIV. MEDLEY	3	1:15.89		1:17.31*	1:17.24*	1:15.89*	1:17.17	1:16.71	1:17.58		
50 BREASTSTROKE	3	:36.99	:38.20*	:37.38*	:36.99*	:37.30	:37.16	:38.39	:37.44		
50 FREESTYLE	1	:31.65	:31.65*								
3/5/2006		Miriam Liabo			12&OV			7/20/1990			
		SEASON	2005-6 MAR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO		
		BEST	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006		
200 FREE RELAY	0	1:56.44									
3/5/2006		Carmen McCoy			12&OV			5/19/1993			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
100 INDIV. MEDLEY	4	1:19.43	1:23.97*	1:21.41*	1:24.48	1:21.71	1:20.91*	1:19.43*		1:19.52	1:21.17
50 FREESTYLE	3	:31.63	:33.25*			:32.69*		:31.63*			
100 BACKSTROKE	1	1:25.68		1:25.68*							
50 BREASTSTROKE	2	:41.28			:43.97*			:41.28*	:42.87	:42.23	
100 BREASTSTROKE	3	1:31.92	1:35.43*			1:32.17*	1:31.92*		1:32.84		
50 BUTTERFLY	4	:35.42		:37.34*	:37.09*		:35.82*		:35.42*	:35.82	:35.87
3/5/2006		Emma McVey			12&OV			5/16/1991			
		SEASON	2005-6 TUR								
		BEST	11/19/2005								
50 FREESTYLE	1	:30.19	:30.19*								
100 FREESTYLE	1	1:07.73	1:07.73*								
3/5/2006		Marybeth McWhinney			12&OV			2/6/1991			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA				
		BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006				
50 FREESTYLE	1	:30.58	:30.58*	:30.79	:31.11	:31.71	:30.87				
100 FREESTYLE	2	1:09.11	1:09.11*	1:10.55	1:10.42	1:09.11*					
50 BACKSTROKE	2	:38.66		:38.75*	:38.66*	:39.12					
3/5/2006		Danielle Nahra			12&OV			6/30/1990			
		SEASON	2005-6 MAR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO			
		BEST	12/10/2005	12/17/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006			
100 BACKSTROKE	5	1:10.12	1:14.04*	1:13.58*	1:15.08	1:11.81*	1:11.58*	1:10.12*			
50 FREESTYLE	1	:27.57	:27.57*	:28.33	:28.78	:28.11	:28.64	:27.58			
50 BACKSTROKE	4	:31.86	:33.35*	:33.76	:33.94	:32.69*	:32.08*	:31.86*			
3/5/2006		Meaghan Nelson			12&OV			2/12/1990			
		SEASON	2005-6 MAR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO			
		BEST	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006			
200 INDIV. MEDLEY	2	2:40.42	2:41.39*		2:40.42*						
100 INDIV. MEDLEY	3	1:11.73		1:14.82*		1:12.35*	1:14.77	1:11.73*			
50 BUTTERFLY	2	:31.92	:33.03*	:31.92*							
100 BACKSTROKE	1	1:12.89	1:12.89*								
50 BACKSTROKE	1	:33.97		:33.97*							
100 FREESTYLE	2	1:00.90			1:03.84*		1:03.88	1:00.90*			
200 FREESTYLE	3	2:12.12			2:19.01*	2:16.90*	2:18.28	2:12.12*			

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3/5/2006		Megan Otting				12&OV		7/15/1991
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006			
50 FREESTYLE	1	:28.31	:28.31*	:28.87	:28.51			
100 INDIV. MEDLEY	1	1:12.77	1:12.77*	1:12.90				
200 FREESTYLE	1	2:22.83	2:22.83*					
100 FREESTYLE	2	1:02.81		1:03.15*	1:02.81*			
3/5/2006		Sarah Otting				12&OV		10/6/1993
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006			
50 FREESTYLE	1	:36.59	:36.59*					
50 BREASTSTROKE	3	:40.25	:42.29*	:41.01*	:40.25*			
100 BREASTSTROKE	2	1:28.60	1:28.82*	1:29.64	1:28.60*			
100 INDIV. MEDLEY	1	1:29.43		1:29.43*				
200 MEDLEY RELAY	1	2:32.33	2:32.33*					
3/5/2006		Breanne Peck				12&OV		8/23/1989
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006
50 FREESTYLE	1	:28.95	:28.95*	:29.64	:29.11	:29.11	:28.97	:29.43
100 FREESTYLE	2	1:03.46		1:04.92*		1:03.46*		
50 BACKSTROKE	2	:32.64	:32.68*	:33.79	:32.64*	:33.01	:32.84	:32.65
100 BACKSTROKE	2	1:11.01	1:12.31*		1:12.78		1:11.01*	
50 BUTTERFLY	1	:34.00						:34.00*
3/5/2006		Naomi Pfeil				12&OV		10/26/1993
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006
200 FREESTYLE	3	2:56.38	3:01.94*	2:57.48*	2:56.38*			
50 BUTTERFLY	2	:41.11				:42.02*	:41.11*	:42.39
50 FREESTYLE	1	:32.71					:32.71*	:33.22
100 INDIV. MEDLEY	4	1:28.56	1:35.63*	1:34.16*	1:30.91*	1:28.56*		
100 FREESTYLE	4	1:13.05	1:20.93*	1:21.13	1:19.22*	1:15.05*	1:13.05*	1:14.40
3/5/2006		Jennifer Quella				12&OV		9/3/1990
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	
100 BREASTSTROKE	1	1:19.56			1:19.56*			
200 MEDLEY RELAY	1	2:39.72	2:39.72*					
200 INDIV. MEDLEY	1	2:35.96	2:35.96*					
100 INDIV. MEDLEY	3	1:08.72		1:09.74*	1:09.47*	1:08.72*		
50 BUTTERFLY	2	:29.70		:29.74*	:29.96	:29.70*		
50 BREASTSTROKE	1	:36.64					:36.64*	
50 BACKSTROKE	2	:33.24	:33.55*				:33.24*	
500 FREESTYLE	1	6:30.90	6:30.90*					
50 FREESTYLE	1	:28.81					:28.81*	
100 BUTTERFLY	1	1:07.00	1:07.00*	1:07.45		1:07.34		

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3/5/2006		Christina Scharmer			12&OV			6/10/1992	
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005/06 MA	2005-06 IO	
		BEST	11/19/2005	12/3/2005	1/14/2006	1/21/2006	2/12/2006	3/4/2006	
100 INDIV. MEDLEY	2	1:17.62	1:18.46*	1:17.62*		1:18.89			
50 BACKSTROKE	1	:36.25	:36.25*						
100 BACKSTROKE	1	1:17.55			1:17.55*		1:18.97		
50 BREASTSTROKE	3	:36.73	:37.90*	:38.05	:37.09*	:37.98	:37.33	:36.73*	
100 BREASTSTROKE	3	1:23.56		1:26.87*	1:24.19*	1:25.10	1:23.56*	1:23.57	
3/5/2006		Suzy Sevier			12&OV			11/2/1989	
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006
50 FREESTYLE	1	:29.14	:29.14*	:29.75				:29.89	
100 FREESTYLE	1	1:04.98	1:04.98*	1:05.96		1:05.95	1:05.95	1:06.92	1:05.33
200 FREESTYLE	2	2:24.59			2:27.73*		2:24.59*		
50 BREASTSTROKE	1	:38.25			:38.25*				
100 BREASTSTROKE	3	1:24.21	1:25.44*		1:25.31*			1:24.21*	1:24.29
50 BUTTERFLY	1	:32.55				:32.55*			
100 INDIV. MEDLEY	1	1:18.08				1:18.08*			
3/5/2006		Jacqueline Smith			12&OV			5/14/1993	
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL			
		BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006			
50 FREESTYLE	3	:48.98	1:02.14*	:58.38*	:48.98*	:51.87			
50 BACKSTROKE	3	:58.40	1:07.48*	1:02.03*	:58.40*				
100 BACKSTROKE	1	2:34.45	2:34.45*						
50 BREASTSTROKE	1	1:03.17			1:03.17*				
3/5/2006		Hannah Sorsby			12&OV			10/23/1992	
		SEASON	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA		
		BEST	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006		
50 FREESTYLE	1	:30.75	:30.75*	:30.82	:30.89	:30.94			
100 FREESTYLE	2	1:12.76	1:16.21*		1:12.76*	1:13.59			
50 BACKSTROKE	3	:37.60	:38.67*		:37.60*	:38.00	:37.60*		
3/5/2006		Kimberly Sorsby			12&OV			10/27/1991	
		SEASON	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA		
		BEST	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006		
50 FREESTYLE	1	:30.05	:30.05*	:30.40	:30.72	:31.16	:30.66		
50 BACKSTROKE	3	:35.90	:36.24*	:35.94*	:36.14	:36.77	:35.90*		
50 BUTTERFLY	1	:36.96			:36.96*				
3/5/2006		Alex Stephens			12&OV			9/4/1993	
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	
		BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	
50 FREESTYLE	2	:33.60	:34.06*	:34.65	:35.25	:34.11	:34.58	:33.60*	
500 FREESTYLE	1	7:45.08	7:45.08*						
50 BACKSTROKE	3	:38.69	:41.28*			:41.30	:40.58*	:38.69*	
100 BACKSTROKE	1	1:28.56		1:28.56*					
50 BREASTSTROKE	2	:42.44		:42.86*		:42.44*	:43.09	:43.06	
100 BREASTSTROKE	1	1:34.91	1:34.91*						
100 INDIV. MEDLEY	1	1:29.42			1:29.42*				

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3/5/2006		Katie Storey		12&OV			12/18/1992	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
200 FREE RELAY	1	2:14.18	2:14.18*					
100 INDIV. MEDLEY	3	1:23.00	1:25.21*	1:25.54	1:25.13*	1:23.00*		
50 FREESTYLE	3	:34.05	:34.59*	:34.36*	:34.05*			
50 BREASTSTROKE	3	:40.01	:42.36*	:40.09*	:40.01*	:40.43	:40.25	
100 BREASTSTROKE	3	1:26.08			1:31.86*	1:29.56*	1:26.08*	
3/5/2006		Molly Strand		12&OV			4/5/1993	
	SEASON BEST	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 FREESTYLE	1	:30.95	:30.95*	:31.34	:31.16	:31.54	:31.35	:31.46
200 FREESTYLE	4	2:27.07	2:34.89*	2:31.81*	2:29.68*	2:29.85	2:32.60	2:27.07*
100 INDIV. MEDLEY	3	1:20.74	1:22.94*	1:24.06	1:23.55	1:21.28*	1:23.51	1:20.74*
3/5/2006		Bailey Strausser		12&OV			12/28/1991	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005			
100 INDIV. MEDLEY	1	1:12.71	1:12.71*	1:14.24	1:15.82			
50 FREESTYLE	1	:29.81				:29.81*		
50 BREASTSTROKE	1	:34.13	:34.13*	:35.01	:35.61	:34.80		
100 BREASTSTROKE	3	1:17.75	1:19.17*	1:18.76*	1:17.75*	1:18.62		
3/5/2006		Alyssa Tripp		12&OV			12/23/1992	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
100 INDIV. MEDLEY	4	1:19.73	1:24.05*	1:26.09	1:25.48	1:23.13*	1:20.85*	1:19.73*
100 BREASTSTROKE	2	1:23.71				1:25.22*	1:23.71*	1:25.21
50 BREASTSTROKE	3	:39.08	:40.83*		:41.23	:39.71*	:39.08*	:39.14
50 FREESTYLE	2	:34.46		:35.38*	:34.46*			
500 FREESTYLE	1	7:41.91	7:41.91*					
3/5/2006		Brittany Tripp		12&OV			4/13/1990	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 BREASTSTROKE	4	1:15.16	1:19.13*		1:16.68*		1:16.40*	1:15.16*
50 FREESTYLE	1	:27.89	:27.89*	:28.30	:29.37			
100 INDIV. MEDLEY	3	1:09.90		1:10.65*			1:10.37*	1:09.90*
200 INDIV. MEDLEY	1	:37.21	:37.21*			2:33.69		
50 BUTTERFLY	1	:31.27	:31.27*		:31.96			
50 BREASTSTROKE	4	:35.58		:36.70*		:36.15*	:35.82*	:35.58*
100 BACKSTROKE	1	1:14.60				1:14.60*		
100 FREESTYLE	1	1:02.76	1:02.76*					
50 BACKSTROKE	1	:33.87	:33.87*					

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3/5/2006		Kaitlin Ungs			12&OV			12/15/1992
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005			
50 FREESTYLE	1	:30.44						:30.44*
100 FREESTYLE	1	1:07.27	1:07.27*	1:08.20				
50 BACKSTROKE	1	:35.95	:35.95*					
50 BUTTERFLY	2	:32.82	:32.90*	:34.35	:32.82*			
100 INDIV. MEDLEY	2	1:17.25		1:19.10*	1:17.25*			
3/5/2006		Maureen Usher			12&OV			12/21/1990
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 12/17/2005	2005-6 MA 1/14/2006	2005-6 IO 2/12/2006	2005-6 IO 3/4/2006
100 BACKSTROKE	3	1:08.11	1:11.74*	1:08.70*			1:10.90	1:08.11*
100 INDIV. MEDLEY	1	1:11.00	1:11.00*					
200 INDIV. MEDLEY	1	2:38.18		2:38.18*			2:40.18	2:38.38
200 FREESTYLE	1	2:17.62				2:17.62*		
50 FREESTYLE	1	:27.40			:27.40*			
100 FREESTYLE	1	1:00.35			1:00.35*	1:02.12		
50 BACKSTROKE	2	:31.14	:31.75*	:31.86	:31.14*	:32.61		
3/5/2006		Jarrah Vance			12&OV			7/10/1992
		SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005-6 MA 2/12/2006	2005-6 IO 3/4/2006	
50 BREASTSTROKE	3	:39.09	:39.89*		:39.22*	:39.09*		
100 INDIV. MEDLEY	4	1:16.87	1:21.24*	1:21.18*	1:21.03*	1:16.87*	1:22.27	
50 FREESTYLE	3	:29.38	:30.37*	:31.52	:30.11*	:29.38*	:29.87	
3/5/2006		Megan Vance			12&OV			11/12/1989
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 MA 1/28/2006	2005-6 IO 2/12/2006	2005-6 IO 3/4/2006
50 FREESTYLE	2	:29.03	:29.17*	:30.01	:29.35	:29.03*	:29.48	:29.43
100 FREESTYLE	1	1:03.95	1:03.95*		1:06.46	1:05.33	1:05.71	1:04.67
200 FREESTYLE	1	2:22.06		2:22.06*				
500 FREESTYLE	1	6:39.25		6:39.25*				
100 FREE RELAY	1	1:26.66	1:26.66*					
3/5/2006		Kristen Weaverling			12&OV			6/1/1990
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 MA 2/12/2006	2005-6 IO 3/4/2006	
50 BUTTERFLY	2	:33.15	:33.33*		:33.15*			
100 INDIV. MEDLEY	1	1:16.21	1:16.21*					
100 BREASTSTROKE	2	1:22.34	1:23.69*	1:22.34*		1:24.28	1:23.60	
100 FREESTYLE	1	1:05.84		1:05.84*				
50 FREESTYLE	1	:30.28			:30.28*			
200 INDIV. MEDLEY	3	2:42.42			2:48.88*	2:46.36*	2:42.42*	
100 BACKSTROKE	1	1:14.78		1:14.78*		1:18.84		

MACR Sharks

2005-2006 Season

PROGRESSION for Short Course Yards

3/5/2006		Sarah Wodnik			12&OV		1/24/1992			
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 BUTTERFLY	3	:32.42	:34.51*	:33.24*	:33.56		:33.39	:32.42*		
200 INDIV. MEDLEY	3	2:40.16		2:43.86*					2:42.47*	2:40.16*
100 BUTTERFLY	3	1:14.90					1:19.42*		1:15.70*	1:14.90*
100 BREASTSTROKE	1	1:29.15				1:29.15*		1:29.36		
50 BREASTSTROKE	1	:40.75		:40.75*						
100 FREESTYLE	2	1:06.22				1:06.62*			1:06.22*	1:06.74
50 FREESTYLE	2	:29.82			:29.95*	:29.82*	:30.23	:30.11		
100 INDIV. MEDLEY	1	1:14.79	1:14.79*		1:14.96					
3/5/2006		Nolan Butkowski			8&UN		7/26/1998			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 DUB	2005-6 WAL				
		BEST	11/19/2005	12/17/2005	1/14/2006	1/28/2006				
25 FREESTYLE	2	:21.28	:22.06*	:21.28*	:23.46	:21.47				
50 FREESTYLE	3	:49.50	:51.70*	:50.18*	:51.39	:49.50*				
25 BACKSTROKE	1	:24.21		:24.21*		:26.10				
50 BACKSTROKE	1	:57.92	:57.92*		:59.59					
3/5/2006		Joshua Casey			8&UN		3/3/1997			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 WAL	2005/06 MA	2005-06 IO		
		BEST	11/19/2005	12/3/2005	12/10/2005	1/28/2006	2/12/2006	3/4/2006		
25 FREESTYLE	1	:17.50	:17.50*	:18.13	:18.27					
100 INDIV. MEDLEY	1	1:40.27					1:40.27*	1:40.99		
25 BUTTERFLY	1	:20.15		:20.15*		:20.53				
50 FREESTYLE	3	:39.91	:42.26*	:40.58*	:42.84	:39.91*	:39.94	:42.76		
50 BACKSTROKE	1	:51.23	:51.23*							
25 BREASTSTROKE	3	:23.69			:25.32*	:24.58*	:24.96	:23.69*		
3/5/2006		Calvin Greve			8&UN		2/6/1997			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
25 BUTTERFLY	1	:27.18			:27.18*					
100 INDIV. MEDLEY	1	1:53.42				1:53.42*				
25 BREASTSTROKE	1	:32.20					:32.20*			
50 BACKSTROKE	3	:45.21	:49.69*	:49.88	:47.97*		:49.95	:48.83	:45.21*	:46.46
25 BACKSTROKE	2	:21.41	:21.68*	:22.78	:21.98	:21.41*		:22.72	:22.41	:23.06
50 FREESTYLE	3	:41.61		:46.10*			:42.55*	:42.63	:41.61*	:43.93
25 FREESTYLE	1	:19.51	:19.51*							
3/5/2006		Garrett Hammond			8&UN		1/14/1997			
		SEASON	2005-6 TUR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO			
		BEST	11/19/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006			
25 BACKSTROKE	4	:19.71	:23.33*	:22.66*		:21.38*	:19.71*			
50 BACKSTROKE	2	:49.18	:50.46*		:49.18*					
25 BUTTERFLY	3	:21.99			:22.89*	:22.37*	:21.99*			
25 FREESTYLE	2	:16.77	:17.08*	:16.77*	:16.78	:16.89	:16.82			

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2005-2006 Season

PROGRESSION for Short Course Yards

3/5/2006		Luke Hennessey			8&UN			4/11/1997	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
25 FREESTYLE	3	:17.35		:20.44*	:17.83*		:17.35*	:18.37	:18.30
25 BREASTSTROKE	4	:25.12	:27.02*			:29.00	:26.27*	:26.20*	:25.12*
50 BREASTSTROKE	3	:52.91			:58.66*		:59.32	:55.64*	:52.91*
100 INDIV. MEDLEY	1	1:58.37	1:58.37*			2:03.78			
50 BACKSTROKE	1	:56.20		:56.20*					
50 FREESTYLE	1	:44.16	:44.16*	:50.15		:45.83			
25 BACKSTROKE	1	:23.17			:23.17*				

3/5/2006		Jackson Hoyt			8&UN			12/29/1997	
		SEASON BEST	2005-6 MAR 12/10/2005						
25 FREESTYLE	1	:22.55	:22.55*						
25 BACKSTROKE	1	:27.35	:27.35*						

3/5/2006		Thomas Kennedy			8&UN			12/18/1996	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	
25 FREESTYLE	4	:22.13		:24.54*	:24.33*		:22.22*	:22.13*	
50 FREESTYLE	2	:52.04	:55.93*			:52.04*			
50 BACKSTROKE	2	:53.60	:54.53*	:56.37	:58.43	:53.60*	:56.21	:55.79	
50 BREASTSTROKE	2	1:14.30	1:19.66*		1:14.30*				
25 BUTTERFLY	3	:28.85				:31.04*	:29.99*	:28.85*	

3/5/2006		Jack Ramsey			8&UN			9/29/1997	
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BACKSTROKE	2	:40.92				:41.58*	:40.92*		
25 BUTTERFLY	4	:16.15	:18.62*	:17.71*				:16.64*	:16.15*
100 INDIV. MEDLEY	1	1:34.25			1:34.25*				
25 BACKSTROKE	3	:17.59	:19.60*	:20.88	:20.22	:18.62*	:18.69	:18.77	:17.59*
50 FREESTYLE	3	:33.76				:36.80*	:34.82*	:35.61	:33.76*
25 FREESTYLE	1	:15.98	:15.98*	:16.34	:16.22				

3/5/2006		Jonathan Tripp			8&UN			3/8/1997	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 BREASTSTROKE	3	:51.79	:54.25*	:52.68*	:56.91	:54.78	:54.14	:51.79*	
100 INDIV. MEDLEY	2	1:40.30	1:51.57*				1:40.30*	1:44.39	
25 BREASTSTROKE	1	:25.26			:25.26*				
25 BACKSTROKE	1	:24.71	:24.71*						
50 FREESTYLE	1	:43.95				:43.95*			
25 FREESTYLE	2	:18.53		:18.84*	:20.96	:18.53*			
200 MEDLEY RELAY	1	2:53.02	2:53.02*						

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PROGRESSION for Short Course Yards

3/5/2006		Brennan Urbi		8&UN			12/8/1997			
	SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO		
	BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006		
25 FREESTYLE	3	:16.31			:16.76*		:16.41*	:16.31*		
50 FREESTYLE	5	:37.21	:44.39*	:45.70	:43.96*	:39.78*	:40.68	:37.81*	:37.21*	
25 BACKSTROKE	3	:21.89		:23.07*	:22.45*	:21.89*				
50 BACKSTROKE	5	:44.82	:49.49*	:48.91*	:47.74*	:49.08	:45.71*	:44.82*		
3/5/2006		Timothy Zange		8&UN			3/14/1997			
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005/06 MA					
	BEST	11/19/2005	12/10/2005	1/14/2006	2/12/2006					
25 BREASTSTROKE	1	:28.44			:28.44*					
50 BREASTSTROKE	2	1:09.21	1:14.42*	1:09.21*						
25 BACKSTROKE	4	:24.53	:32.92*	:26.42*	:25.59*	:24.53*				
25 FREESTYLE	3	:21.57	:22.61*	:22.86	:21.64*	:21.57*				
3/5/2006		Noah Ajram		9-10			11/8/1996			
	SEASON	2005-6 MAC	2005-6 MAR	2005-6 WAL						
	BEST	12/3/2005	12/10/2005	1/28/2006						
50 BACKSTROKE	3	:51.94	:54.88*	:53.58*	:51.94*					
50 BREASTSTROKE	3	:54.91	:57.70*	:55.37*	:54.91*					
50 FREESTYLE	1	:45.24	:45.24*	:47.66	:45.56					
3/5/2006		Justin Arebaugh		9-10			5/6/1996			
	SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	
	BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	
50 BREASTSTROKE	3	:51.19	:51.71*	:53.44	:51.43*	:51.19*				
50 FREESTYLE	3	:36.19		:39.25*	:37.51*	:39.35	:37.59	:36.19*	:36.83	:37.81
100 FREESTYLE	4	1:23.62	1:30.09*	1:26.79*	1:31.01	1:32.06	1:25.48*	1:23.62*		
50 BACKSTROKE	4	:42.72	:46.40*			:44.98*	:45.46	:45.37	:43.83*	:42.72*
3/5/2006		Christopher Ball		9-10			1/23/1995			
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	FAIRFIELD	2005-6 WAL	2005/06 MA			
	BEST	11/19/2005	12/10/2005	12/17/2005	1/21/2006	1/28/2006	2/12/2006			
100 BACKSTROKE	2	1:38.66	1:41.31*	1:38.66*	1:45.15	1:40.15	1:39.80	1:38.74		
50 FREESTYLE	1	:37.90	:37.90*	:39.50	:39.06	:40.40	:38.26	:38.72		
50 BACKSTROKE	4	:43.19	:45.40*	:45.00*	:47.44	:43.39*	:43.96	:43.19*		
3/5/2006		Thomas Ball		9-10			7/22/1996			
	SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	FAIRFIELD	2005-6 WAL				
	BEST	11/19/2005	12/10/2005	12/17/2005	1/21/2006	1/28/2006				
50 FREESTYLE	5	:55.07	1:03.96*	1:01.14*	:57.17*	:55.60*	:55.07*			
50 BREASTSTROKE	2	1:13.29	1:15.96*	1:13.29*						

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PROGRESSION for Short Course Yards

3/5/2006		Logan Barnes		9-10			3/26/1995	
SEASON BEST		2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 WAL	2005/06 MA	2005-06 IO	2005-06 IO
		11/19/2005	12/10/2005	12/17/2005	1/28/2006	2/12/2006	3/4/2006	3/4/2006
50 FREESTYLE	2	:30.42		:30.95*		:30.42*		
100 INDIV. MEDLEY	1	1:22.22			1:22.22*			
50 BUTTERFLY	2	:34.12	:36.67*	:38.07			:37.70	:34.12*
50 BREASTSTROKE	1	:42.31				:42.31*		
100 BREASTSTROKE	1	1:38.05	1:38.05*					
50 BACKSTROKE	1	:39.12			:39.12*			
100 FREESTYLE	4	1:07.30	1:11.84*	1:10.88*			1:09.29*	1:07.30*
200 FREESTYLE	3	2:23.36			2:33.47*		2:25.73*	2:23.36*
100 BACKSTROKE	1	1:21.96				1:21.96*		
3/5/2006		Evan Bednar		9-10			8/12/1996	
SEASON BEST		2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005/06 MA	2005/06 MA
		11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	2/12/2006	2/12/2006
50 FREESTYLE	2	:43.92	:44.75*	:43.92*	:45.08	:47.97	:45.48	:45.63
50 BACKSTROKE	1	:48.60				:48.60*		
100 BACKSTROKE	2	1:45.28				1:45.47*	1:45.28*	1:48.96
50 BREASTSTROKE	1	:55.89	:55.89*		1:00.63			
50 BUTTERFLY	1	:56.16	:56.16*					
100 INDIV. MEDLEY	1	1:53.52			1:53.52*			
3/5/2006		Jared Belin		9-10			9/29/1995	
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005/06 MA		
		11/19/2005	12/3/2005	1/14/2006	1/28/2006	2/12/2006		
50 BREASTSTROKE	1	:52.45				:52.45*		
100 BREASTSTROKE	4	1:54.59	2:05.64*	1:59.33*	1:58.90*		1:54.59*	
100 FREESTYLE	2	1:35.02			1:39.25*	1:35.02*		
50 FREESTYLE	3	:39.12	:41.48*		:43.01	:41.26*	:39.12*	
200 FREESTYLE	1	3:38.69		3:38.69*				
100 INDIV. MEDLEY	2	1:53.26	1:55.66*	1:53.26*				
3/5/2006		Liam Brown		9-10			8/6/1996	
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005/06 MA
		11/19/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	2/12/2006
50 BREASTSTROKE	1	:59.70	:59.70*					
50 FREESTYLE	4	:47.64	:59.63*	:50.74*	:48.43*	:49.46	:48.72	:47.64*
100 FREESTYLE	2	1:42.93			1:51.02*	2:02.88	1:42.93*	1:47.31
50 BACKSTROKE	1	:56.24			:56.24*	1:03.81		
3/5/2006		Nick Durin		9-10			7/30/1995	
SEASON BEST		2005-6 TUR	2005-6 MAR	2005-6 MAC	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		11/19/2005	12/10/2005	12/17/2005	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 BUTTERFLY	5	:41.76	:45.53*	:44.87*	:45.73	:43.54*	:43.35*	:41.76*
50 FREESTYLE	3	:34.10	:36.27*	:34.26*	:34.10*	:34.96	:35.78	
50 BACKSTROKE	5	:40.30	:42.84*	:42.81*	:42.55*	:41.31*	:40.30*	:40.31

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3/5/2006		Robbie Gearhart				9-10	5/22/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006			
50 FREESTYLE	2	:50.91	:58.39*	:50.91*	:51.47			
50 BACKSTROKE	2	:49.73	:53.52*	:49.73*				
50 BREASTSTROKE	1	1:10.22	1:10.22*					
3/5/2006		Jackson Green				9-10	5/28/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006			
50 BREASTSTROKE	1	:58.81	:58.81*					
50 BUTTERFLY	1	:54.78		:54.78*				
50 FREESTYLE	3	:39.61	:44.25*	:39.69*	:39.61*			
100 FREESTYLE	2	1:30.23	1:39.42*	1:50.09	1:30.23*			
3/5/2006		Zachary Greif				9-10	1/6/1996	
		SEASON BEST	2005-6 DUB 1/14/2006					
50 FREESTYLE	1	:43.81	:43.81*					
50 BACKSTROKE	1	:54.37	:54.37*					
200 FREE RELAY	0	3:27.59						
3/5/2006		Ethan Hammond				9-10	4/24/1995	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006			
50 FREESTYLE	2	:40.81	:40.98*	:42.24	:40.81*			
50 BREASTSTROKE	2	:53.41	:54.79*	:53.41*				
100 INDIV. MEDLEY	2	1:50.63	1:53.76*		1:50.63*			
3/5/2006		Sean Ickes					9-10	3/6/1995
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 FREESTYLE	1	:36.84		:36.84*	:39.88			
50 BREASTSTROKE	4	:43.62	:46.71*	:45.70*	:45.26*	:43.62*	:44.21	
100 BREASTSTROKE	3	1:34.46	1:43.08*	1:40.61*		1:34.46*	1:35.55	
100 INDIV. MEDLEY	2	1:28.59	1:36.28*		1:36.91	1:28.59*	1:32.08	
3/5/2006		Thomas Ickes					9-10	9/11/1996
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
50 BACKSTROKE	1	:46.05	:46.05*		:46.68	:46.61		
100 INDIV. MEDLEY	2	1:40.16		1:42.20*			1:40.16*	
100 BACKSTROKE	1	1:37.62	1:37.62*				1:38.36	
200 FREESTYLE	1	3:23.10			3:23.10*			
50 FREESTYLE	2	:38.22		:41.34*		:38.22*		
50 BREASTSTROKE	3	:51.52			:52.59*	:52.40*	:51.52*	
3/5/2006		Jeremy Lansing					9-10	5/14/1995
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
50 FREESTYLE	5	:47.90	:53.55*	:50.28*	:50.08*	:47.97*	:47.90*	
50 BACKSTROKE	3	:50.75	:53.07*	:52.26*	:50.75*	:51.56	:50.94	
50 BREASTSTROKE	3	:54.69	:56.94*	:54.72*	:56.00	:56.03	:54.69*	

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3/5/2006		Christian Nassif			9-10			8/11/1996	
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	
		BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	
50 FREESTYLE	5	:41.45	:45.75*	:45.22*	:44.76*	:42.68*	:43.82	:41.45*	
50 BREASTSTROKE	4	:48.98	:51.39*	:51.15*	:50.30*	:51.71		:48.98*	
100 BREASTSTROKE	3	1:50.49	1:57.24*	1:59.59	1:56.14*	1:59.18	1:57.44	1:50.49*	
3/5/2006		Harlan Owen			9-10			12/24/1995	
		SEASON	2005-6 TUR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA		
		BEST	11/19/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006		
50 FREESTYLE	1	:44.41					:44.41*		
50 BACKSTROKE	3	:50.95		:56.73*	1:00.85	:54.27*	:50.95*		
50 BREASTSTROKE	1	:57.28	:57.28*	1:05.36	1:08.27	1:03.31			
100 INDIV. MEDLEY	1	2:03.32	2:03.32*	2:10.25					
3/5/2006		Matthew Ramsey			9-10			9/6/1995	
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	12/3/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 BREASTSTROKE	3	:46.10		:49.63*	:47.07*	:46.10*			
100 BREASTSTROKE	1	1:46.28	1:46.28*						
100 FREESTYLE	2	1:15.96				1:17.71*	1:15.96*		
50 FREESTYLE	5	:32.02	:34.64*	:34.73	:33.87*		:33.32*	:32.21*	:32.02*
100 INDIV. MEDLEY	3	1:25.22			1:28.68*			1:26.36*	1:25.22*
50 BACKSTROKE	2	:38.98	:40.75*	:40.90		:38.98*	:39.77	:39.15	:39.06
3/5/2006		Eric Roush			9-10			11/13/1996	
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005/06 MA
		BEST	11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/28/2006	2/12/2006
50 FREESTYLE	4	:37.46		:44.46*	:43.87*	:41.22*	:37.46*	:38.56	:39.01
100 FREESTYLE	3	1:28.51		1:37.19*	1:40.27	1:33.95*	1:28.51*	1:29.03	1:34.21
200 FREESTYLE	1	3:12.75	3:12.75*				3:23.07		
50 BACKSTROKE	1	:58.27		:58.27*					
100 BACKSTROKE	2	1:58.39	2:01.23*			1:58.39*			
50 BREASTSTROKE	1	1:06.67	1:06.67*		1:08.59				
100 INDIV. MEDLEY	1	1:45.15							1:45.15*
3/5/2006		Hunter Smith			9-10			8/6/1996	
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA		
		BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006		
100 INDIV. MEDLEY	1	2:08.30	2:08.30*						
200 FREE RELAY	1	2:19.58	2:19.58*						
100 BACKSTROKE	1	1:56.47			1:56.47*				
200 FREESTYLE	1	4:02.36				4:02.36*			
100 FREESTYLE	1	2:01.16		2:01.16*					
50 FREESTYLE	3	:46.36	:47.97*	:47.45*			:46.36*		
50 BACKSTROKE	2	:51.51	:55.21*		:51.51*	:56.24	:58.11		

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2005-2006 Season

PROGRESSION for Short Course Yards

3/5/2006		John Smith		9-10		7/27/1995				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006				
50 BACKSTROKE	2	1:04.59	1:08.60*	1:04.59*						
50 BREASTSTROKE	2	:59.97	1:01.56*		1:03.08	:59.97*				
50 BUTTERFLY	1	1:10.68			1:10.68*	1:19.34				
50 FREESTYLE	3	:49.70	:57.43*	:58.62	:49.70*	:49.70*				
3/5/2006		Carter Starr		9-10		12/8/1995				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 FREESTYLE	3	1:17.78					1:24.74*	1:19.53*	1:20.28	1:17.78*
200 MEDLEY RELAY	1	2:43.53	2:43.53*							
200 FREESTYLE	1	3:09.51						3:09.51*		
50 FREESTYLE	4	:32.30	:37.17*	:37.99	:38.23	:34.36*	:36.53	:34.70	:34.11*	:32.30*
50 BUTTERFLY	6	:38.63	:50.52*	:48.00*	:47.42*	:46.67*	:47.74		:41.70*	:38.63*
3/5/2006		Gabe Whitters		9-10		9/4/1996				
		SEASON BEST	2005-6 DUB 1/14/2006							
50 BACKSTROKE	1	1:03.71	1:03.71*							
50 BREASTSTROKE	1	1:18.91	1:18.91*							
3/5/2006		Daniel Zhou		9-10		9/16/1995				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006				
50 FREESTYLE	1	:39.62	:39.62*	:40.27	:40.73	:41.05				
200 FREESTYLE	2	3:18.33	3:27.45*	3:18.33*						
50 BACKSTROKE	1	:49.04				:49.04*				
50 BREASTSTROKE	2	:53.35		:54.03*	:54.80	:53.35*				
3/5/2006		Bilal Ajram		11-12		6/10/1993				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BREASTSTROKE	1	:42.67	:42.67*	:43.99	:43.50	:44.11				
100 BREASTSTROKE	2	1:27.97					1:38.59*	1:27.97*		
50 FREESTYLE	1	:28.61	:28.61*	:29.91	:31.01	:29.69	:31.54	:29.50	:29.82	:29.23
100 INDIV. MEDLEY	1	1:22.08						1:22.08*		
100 FREESTYLE	1	1:05.76	1:05.76*	1:11.04	1:07.23	1:11.47	1:12.75		1:10.06	1:05.90
3/5/2006		Morgan Barnes		11-12		1/8/1994				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
100 BACKSTROKE	1	1:11.32				1:11.32*				
100 INDIV. MEDLEY	2	1:16.43		1:18.45*	1:16.43*					
100 BREASTSTROKE	1	1:25.99				1:25.99*				
50 BACKSTROKE	1	:33.79				:33.79*				
500 FREESTYLE	1	5:50.34				5:50.34*				
200 FREESTYLE	4	2:07.31	2:19.32*		2:14.11*		2:12.64*	2:07.31*		
100 FREESTYLE	3	:59.87	1:03.92*	1:04.44			1:03.51*	:59.87*		
50 FREESTYLE	2	:27.25	:28.37*		:28.97		:28.61	:27.25*		
50 BUTTERFLY	1	:35.49		:35.49*						

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PROGRESSION for Short Course Yards

3/5/2006		Alec Belin		11-12				2/21/1993	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006			
100 INDIV. MEDLEY	3	1:33.10	1:34.38*	1:33.40*	1:33.10*	1:35.61			
500 FREESTYLE	2	7:53.24			8:20.73*	7:53.24*			
50 BACKSTROKE	2	:40.75	:43.45*				:40.75*		
100 BACKSTROKE	2	1:33.45		1:36.12*		1:33.45*			
50 BREASTSTROKE	4	:44.34	:47.33*	:46.17*	:46.00*		:44.34*		
3/5/2006		Sean Devries		11-12				12/12/1993	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 WAL 1/28/2006						
100 INDIV. MEDLEY	1	1:44.53	1:44.53*						
50 FREESTYLE	2	:37.66	:37.89*	:37.66*					
50 BACKSTROKE	2	:45.28	:49.06*	:45.28*					
3/5/2006		Trenton Greif		11-12				9/8/1993	
	SEASON BEST	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006						
50 FREESTYLE	1	:33.01		:33.01*					
100 FREESTYLE	1	1:11.63	1:11.63*						
50 BUTTERFLY	2	:37.57	:39.19*	:37.57*					
100 INDIV. MEDLEY	1	1:28.08	1:28.08*						
200 MEDLEY RELAY	0	3:35.59							
3/5/2006		Nathan Greve		11-12				11/29/1994	
	SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	
50 FREESTYLE	2	:34.68	:35.37*			:34.68*			
100 INDIV. MEDLEY	1	1:28.02				1:28.02*			
50 BUTTERFLY	1	:42.16					:42.16*		
100 BREASTSTROKE	6	1:34.83	1:39.18*	1:38.57*	1:37.40*	1:36.21*	1:35.07*	1:34.83*	
50 BACKSTROKE	1	:43.68		:43.68*					
100 MEDLEY RELAY	1	1:52.68	1:52.68*						
50 BREASTSTROKE	4	:43.75	:44.47*	:45.68	:47.41	:44.32*	:44.10*	:44.47	
								:43.75*	
3/5/2006		Luke Hammerberg		11-12				6/7/1994	
	SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
50 BUTTERFLY	1	:37.64			:37.64*	:38.12	:39.39		
50 BREASTSTROKE	2	:45.62	:46.42*	:45.62*					
100 FREESTYLE	3	1:12.15	1:19.61*	1:17.69*	1:12.15*	1:12.77	1:14.23	1:13.75	
50 FREESTYLE	3	:32.69	:33.20*	:33.87	:33.08*	:32.69*	:33.09	:33.47	
3/5/2006		Clayton Hoyt		11-12				6/15/1993	
	SEASON BEST	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
50 FREESTYLE	4	:28.93	:30.13*	:30.34	:29.95*	:29.62*	:28.93*		
50 BREASTSTROKE	3	:39.33	:41.14*	:41.65		:40.21*	:39.33*		
100 INDIV. MEDLEY	3	1:17.11	1:19.96*	1:22.02		1:18.55*	1:17.11*		

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3/5/2006		Ben Kraemer		11-12			10/12/1993			
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 FREESTYLE	1	:32.96				:32.96*	:35.12	:33.88		
50 BACKSTROKE	4	:37.89	:40.24*	:40.23*	:38.44*	:39.49	:39.05	:40.55	:38.86	:37.89*
100 BACKSTROKE	4	1:23.94			1:26.06*	1:24.80*			1:24.42*	1:23.94*
50 BREASTSTROKE	2	:45.63		:45.96*				:45.63*		
50 BUTTERFLY	1	:42.09	:42.09*							
100 INDIV. MEDLEY	2	1:23.95	1:28.77*		1:23.95*		1:26.04		1:27.44	
3/5/2006		Lukas Mees		11-12			1/29/1994			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005/06 MA			
		BEST	11/19/2005	12/17/2005	1/14/2006	1/28/2006	2/12/2006			
50 BREASTSTROKE	2	1:01.34		1:08.48*	1:01.34*					
100 INDIV. MEDLEY	1	1:54.92				1:54.92*				
100 FREESTYLE	2	1:40.84	1:46.91*				1:40.84*			
50 FREESTYLE	3	:40.90	:45.58*	:44.11*	:40.90*	:43.42	:42.03			
50 BACKSTROKE	3	:51.91	:55.29*	:54.23*	:51.91*	:53.49	:53.81			
200 MEDLEY RELAY	1	3:06.31	3:06.31*							
3/5/2006		Eugene Nassif		11-12			3/9/1994			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA		
		BEST	11/19/2005	12/3/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006		
100 INDIV. MEDLEY	2	1:35.92					1:40.57*	1:35.92*		
50 FREESTYLE	4	:35.46	:39.49*	:37.50*	:38.03	:36.71*	:37.36	:35.46*		
100 FREESTYLE	3	1:26.93	1:34.62*	1:27.26*	1:26.93*					
50 BACKSTROKE	3	:44.53	:46.42*	:45.26*	:44.53*	:46.51	:47.30	:46.07		
3/5/2006		Trevor Oates		11-12			3/29/1994			
		SEASON	2005-6 TUR	2005-6 MAC	2005-6 DUB					
		BEST	11/19/2005	12/17/2005	1/14/2006					
100 BREASTSTROKE	1	1:47.91	1:47.91*							
50 BREASTSTROKE	1	:52.07		:52.07*						
50 FREESTYLE	3	:43.48	:46.06*	:44.14*	:43.48*					
50 BACKSTROKE	2	:48.11	:51.97*	:54.63	:48.11*					
3/5/2006		Carson Peck		11-12			3/1/1994			
		SEASON	2005-6 TUR							
		BEST	11/19/2005							
50 BREASTSTROKE	1	:47.31	:47.31*							
50 FREESTYLE	1	:36.03	:36.03*							
50 BACKSTROKE	1	:39.35	:39.35*							
3/5/2006		Westin Peters		11-12			8/13/1994			
		SEASON	2005-6 TUR	2005-6 DUB	2005/06 MA					
		BEST	11/19/2005	1/14/2006	2/12/2006					
200 MEDLEY RELAY	1	3:09.53	3:09.53*							
100 BUTTERFLY	1	1:54.84	1:54.84*							
50 FREESTYLE	2	:36.65	:37.96*	:36.65*	:37.69					
50 BUTTERFLY	1	:46.40		:46.40*	:46.72					

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3/5/2006		John Richardson			11-12		11/19/1994				
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
50 FREESTYLE	3	:31.08	:31.76*	:32.12	:31.85	:31.20*	:31.08*	:31.56			
100 FREESTYLE	1	1:14.49				1:14.49*					
50 BACKSTROKE	5	:34.12	:36.24*	:36.22*	:35.48*	:35.60	:35.59	:34.83*	:34.12*		
100 BACKSTROKE	4	1:17.94	1:21.79*		1:22.21		1:20.56*	1:19.44*	1:17.94*		
100 INDIV. MEDLEY	1	1:24.26		1:24.26*							
3/5/2006		Matt Zange			11-12		2/9/1994				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006					
50 FREESTYLE	2	:33.19	:36.69*	:33.19*	:34.14	:33.58					
50 BREASTSTROKE	2	:48.41	:52.37*	:48.41*	:49.99	:48.46					
100 INDIV. MEDLEY	1	1:33.53		1:33.53*	1:37.79						
3/5/2006		Corbin Beastro			13-14		9/7/1991		2005-06 IO		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
50 BREASTSTROKE	1	:39.74			:39.74*						
100 INDIV. MEDLEY	1	1:13.85			1:13.85*						
100 BACKSTROKE	5	1:08.30		1:12.68*		1:11.24*		1:08.75*	1:08.30*	1:09.71	1:08.30*
200 FREESTYLE	1	2:21.40						2:21.40*			
100 FREESTYLE	2	1:00.63	1:04.22*				1:00.63*				
50 FREESTYLE	5	:26.82	:28.58*	:29.63	:28.30*	:28.51	:27.44*		:27.52	:27.15*	:26.82*
50 BACKSTROKE	7	:31.66	:34.21*	:34.22		:33.33*	:32.93*	:32.37*	:32.33*	:31.79*	:31.66*
3/5/2006		Quinn Clark			13-14		3/16/1992				
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
100 FREESTYLE	2	:59.96					1:02.62*	:59.96*			
50 BUTTERFLY	3	:30.18	:32.40*		:30.60*	:31.68	:32.69	:30.18*			
200 MEDLEY RELAY	1	2:30.65	2:30.65*								
50 FREESTYLE	5	:26.45	:28.37*	:27.12*	:26.67*	:26.56*	:27.09	:26.45*			
3/5/2006		Joseph Gallet			13-14		12/13/1991				
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006		
50 FREESTYLE	4	:25.08	:26.24*	:26.21*			:26.43	:25.22*	:25.08*		
100 INDIV. MEDLEY	1	1:11.21				1:11.21*					
100 BREASTSTROKE	3	1:08.88	1:12.31*	1:13.31	1:09.91*	1:11.96		1:08.88*	1:09.07		
50 BREASTSTROKE	5	:30.63	:32.46*	:32.36*	:31.05*			:30.72*	:30.63*		
100 FREESTYLE	1	:59.22			:59.22*						
200 FREESTYLE	2	2:46.46				2:47.04*	2:46.46*				

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3/5/2006		John Hennessey		13-14			5/10/1991		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006	
500 FREESTYLE	1	6:42.41			6:42.41*				
100 INDIV. MEDLEY	1	1:16.50	1:16.50*						
50 BUTTERFLY	1	:35.14	:35.14*						
200 INDIV. MEDLEY	3	2:37.13				2:40.11*	2:38.27*	2:37.13*	
100 BREASTSTROKE	2	1:25.76		1:25.86*		1:25.76*			
200 FREESTYLE	1	2:23.42			2:23.42*				
100 FREESTYLE	3	1:01.39	1:07.84*	1:10.55		1:01.41*	1:01.39*	1:03.15	
50 BACKSTROKE	1	:33.58			:33.58*				
100 BACKSTROKE	1	1:12.10					1:12.10*	1:12.35	
3/5/2006		Blake Higgins		13-14			4/20/1991		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
50 BUTTERFLY	1	:27.09	:27.09*						
100 BUTTERFLY	3	:55.95		:58.54*	:57.69*	:55.95*			
100 BACKSTROKE	1	1:04.78	1:04.78*						
100 FREESTYLE	2	:50.96		:52.02*	:54.50	:50.96*			
50 FREESTYLE	4	:23.16	:24.61*	:23.82*	:23.81*	:23.16*			
3/5/2006		Peter Ickes		13-14			6/24/1992		
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
200 MEDLEY RELAY	0	2:59.01							
50 BREASTSTROKE	3	:36.03	:37.21*	:36.66*	:36.71	:36.03*			
100 BREASTSTROKE	3	1:21.10	1:25.85*		1:22.77*	1:21.10*			
50 BUTTERFLY	3	:34.75		:35.68*	:34.75*	:34.75*			
50 FREESTYLE	2	:30.65	:31.74*	:30.65*					
3/5/2006		Austin Nicholson		13-14			10/24/1992		
		SEASON BEST	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006
100 INDIV. MEDLEY	6	1:21.30	1:27.26*	1:23.29*	1:24.08	1:22.28*	1:21.70*	1:21.36*	1:21.30*
200 FREESTYLE	1	2:54.90	2:54.90*						
50 FREESTYLE	3	:29.97	:34.35*	:30.64*	:30.73	:30.66	:31.02	:29.97*	
100 FREESTYLE	3	1:11.22		1:14.30*	1:11.94*	1:14.35	1:11.22*		
3/5/2006		Alex Peters		13-14			6/21/1992		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006	2005-06 IO 3/4/2006			
500 FREESTYLE	2	7:00.80	7:39.38*	7:00.80*	7:03.57				
100 BACKSTROKE	4	1:22.31	1:31.10*	1:24.99*	1:24.92*	1:22.31*			

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PROGRESSION for Short Course Yards

3/5/2006		Alex Starr		13-14			2/2/1992		2005-06 IO		
SEASON BEST		2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	3/4/2006		
		11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006			
50 FREESTYLE	4	:28.02	:31.09*	:31.29	:30.61*				:28.78*	:28.02*	
100 FREESTYLE	5	1:03.20			1:08.73*	1:06.28*	1:08.30	1:05.61*	1:04.05*	1:03.20*	
200 FREESTYLE	1	2:32.61						2:32.61*			
50 BREASTSTROKE	1	:43.03	:43.03*								
100 BREASTSTROKE	1	1:31.59						1:31.59*			
50 BUTTERFLY	4	:33.69		:37.45*		:36.33*	:37.18		:34.35*	:33.69*	
100 INDIV. MEDLEY	4	1:20.03	1:24.12*	1:24.08*	1:21.68*		1:20.03*				
3/5/2006		Sam Baker		15-18			10/2/1989				
SEASON BEST		2005-6 MAC	2005-6 WAL								
		12/17/2005	1/28/2006								
100 INDIV. MEDLEY	1	1:16.28	1:16.28*								
200 INDIV. MEDLEY	1	2:52.28	2:52.28*								
100 FREESTYLE	1	1:03.79	1:03.79*								
50 FREESTYLE	1	:27.79	:27.79*								
50 BUTTERFLY	1	:29.75	:29.75*	:30.38							
3/5/2006		AJ Lilienthal		15-18			10/5/1990				
SEASON BEST		2005-6 MAR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005/06 MA					
		12/10/2005	12/17/2005	1/14/2006	1/28/2006	2/12/2006					
50 BUTTERFLY	1	:31.55	:31.55*		:32.53	:32.38					
100 INDIV. MEDLEY	1	1:17.25		1:17.25*							
50 BREASTSTROKE	1	:37.65		:37.65*							
100 BACKSTROKE	1	1:20.62	1:20.62*								
50 BACKSTROKE	3	:32.91	:35.13*		:34.73*	:32.91*					
100 FREESTYLE	2	1:04.60	1:06.67*	1:04.60*				1:04.92			
50 FREESTYLE	3	:27.43	:27.97*	:27.50*				:27.43*			
3/5/2006		Spencer Stephens		15-18			12/25/1989				
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005/06 MA	2005-06 IO					
		11/19/2005	12/3/2005	12/10/2005	2/12/2006	3/4/2006					
100 FREESTYLE	1	:55.77	:55.77*								
500 FREESTYLE	1	5:48.74	5:48.74*	5:54.74							
100 BACKSTROKE	2	:56.83			:58.10*	:56.83*					
50 BREASTSTROKE	2	:29.10			:29.81*	:29.10*					
100 BREASTSTROKE	3	1:05.19	1:12.53*	1:15.91	1:07.56*	1:05.19*					
50 FREESTYLE	1	:25.04	:25.04*								
3/5/2006		Ben Ungs		15-18			12/1/1989				
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 DUB	2005/06 MA	2005-06 IO				
		11/19/2005	12/3/2005	12/10/2005	1/14/2006	2/12/2006	3/4/2006				
50 FREESTYLE	3	:23.68	:25.81*			:24.04*	:23.68*				
50 BUTTERFLY	1	:28.21	:28.21*								
100 BUTTERFLY	2	1:01.00		1:06.09*	1:01.00*						
500 FREESTYLE	4	5:22.61	6:08.54*	6:04.09*				5:23.93*	5:22.61*		
100 FREESTYLE	4	:51.28	:56.65*		:52.83*	:52.21*		:51.28*			
200 FREESTYLE	1	2:01.65			2:01.65*						

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PROGRESSION for Short Course Yards

3/5/2006		Nathan Wetekamp				15-18		3/8/1990		
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MA	2005-6 IO				
		11/19/2005	12/3/2005	12/10/2005	2/12/2006	3/4/2006				
100 FREESTYLE	3	:50.36	:54.17*		:51.03*	:50.36*				
200 FREESTYLE	3	1:52.08	2:00.37*		1:55.60*	1:52.08*				
500 FREESTYLE	2	5:39.98		5:44.00*	5:39.98*					
100 BREASTSTROKE	1	1:11.74	1:11.74*							
200 INDIV. MEDLEY	3	2:06.50	2:19.04*		2:08.75*	2:06.50*				
3/5/2006		Bilal Ajram				12&OV		6/10/1993		
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MA	FAIRFIELD	2005-6 IO	2005-6 MA	2005-6 IO	
		11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/21/2006	1/28/2006	2/12/2006	3/4/2006	
50 FREESTYLE	1	:28.61	:28.61*	:29.91	:31.01	:29.69	:31.54	:29.50	:29.82	:29.23
100 FREESTYLE	1	1:05.76	1:05.76*	1:11.04	1:07.23	1:11.47	1:12.75		1:10.06	1:05.90
50 BREASTSTROKE	1	:42.67	:42.67*	:43.99	:43.50	:44.11				
100 BREASTSTROKE	2	1:27.97					1:38.59*	1:27.97*		
100 INDIV. MEDLEY	1	1:22.08						1:22.08*		
3/5/2006		Sam Baker				12&OV		10/2/1989		
SEASON BEST		2005-6 MAC	2005-6 WAL							
		12/17/2005	1/28/2006							
200 INDIV. MEDLEY	1	2:52.28	2:52.28*							
100 FREESTYLE	1	1:03.79	1:03.79*							
50 FREESTYLE	1	:27.79	:27.79*							
100 INDIV. MEDLEY	1	1:16.28	1:16.28*							
50 BUTTERFLY	1	:29.75	:29.75*	:30.38						
3/5/2006		Corbin Beastron				12&OV		9/7/1991		
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 MAR	2005-6 MA	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005-6 MA	2005-6 IO
		11/19/2005	12/3/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
100 BACKSTROKE	5	1:08.30	1:12.68*		1:11.24*		1:08.75*	1:08.30*	1:09.71	1:08.30*
50 BREASTSTROKE	1	:39.74		:39.74*						
50 BACKSTROKE	7	:31.66	:34.21*	:34.22		:33.33*	:32.93*	:32.37*	:32.33*	:31.79*
200 FREESTYLE	1	2:21.40					2:21.40*			
100 FREESTYLE	2	1:00.63	1:04.22*			1:00.63*				
50 FREESTYLE	5	:26.82	:28.58*	:29.63	:28.30*	:28.51	:27.44*	:27.52	:27.15*	:26.82*
100 INDIV. MEDLEY	1	1:13.85		1:13.85*						
3/5/2006		Alec Belin				12&OV		2/21/1993		
SEASON BEST		2005-6 TUR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005-6 MA				
		11/19/2005	12/3/2005	1/14/2006	1/28/2006	2/12/2006				
500 FREESTYLE	2	7:53.24		8:20.73*	7:53.24*					
50 BACKSTROKE	2	:40.75	:43.45*			:40.75*				
100 BACKSTROKE	2	1:33.45	1:36.12*		1:33.45*					
50 BREASTSTROKE	4	:44.34	:47.33*	:46.17*	:46.00*	:44.34*				
100 INDIV. MEDLEY	3	1:33.10	1:34.38*	1:33.40*	1:33.10*	1:35.61				

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3/5/2006		Quinn Clark			12&OV			3/16/1992	
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO	
		BEST	11/19/2005	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006	
100 FREESTYLE	2	:59.96					1:02.62*	:59.96*	
50 BUTTERFLY	3	:30.18	:32.40*		:30.60*	:31.68	:32.69	:30.18*	
50 FREESTYLE	5	:26.45	:28.37*	:27.12*	:26.67*	:26.56*	:27.09	:26.45*	
200 MEDLEY RELAY	1	2:30.65	2:30.65*						
3/5/2006		Joseph Gallet			12&OV			12/13/1991	
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	12/3/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
100 INDIV. MEDLEY	1	1:11.21				1:11.21*			
50 FREESTYLE	4	:25.08	:26.24*	:26.21*			:26.43	:25.22*	:25.08*
100 FREESTYLE	1	:59.22			:59.22*				
200 FREESTYLE	2	2:46.46				2:47.04*	2:46.46*		
50 BREASTSTROKE	5	:30.63	:32.46*	:32.36*	:31.05*			:30.72*	:30.63*
100 BREASTSTROKE	3	1:08.88	1:12.31*	1:13.31	1:09.91*	1:11.96		1:08.88*	1:09.07
3/5/2006		Trenton Greif			12&OV			9/8/1993	
		SEASON	2005-6 DUB	2005-6 WAL					
		BEST	1/14/2006	1/28/2006					
100 INDIV. MEDLEY	1	1:28.08	1:28.08*						
50 BUTTERFLY	2	:37.57	:39.19*	:37.57*					
50 FREESTYLE	1	:33.01		:33.01*					
200 MEDLEY RELAY	0	3:35.59							
100 FREESTYLE	1	1:11.63	1:11.63*						
3/5/2006		John Hennessey			12&OV			5/10/1991	
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005/06 MA	2005-06 IO	
		BEST	11/19/2005	12/10/2005	1/14/2006	1/21/2006	2/12/2006	3/4/2006	
100 BREASTSTROKE	2	1:25.76		1:25.86*		1:25.76*			
100 INDIV. MEDLEY	1	1:16.50	1:16.50*						
200 INDIV. MEDLEY	3	2:37.13				2:40.11*	2:38.27*	2:37.13*	
50 BUTTERFLY	1	:35.14	:35.14*						
50 BACKSTROKE	1	:33.58			:33.58*				
500 FREESTYLE	1	6:42.41			6:42.41*				
100 FREESTYLE	3	1:01.39	1:07.84*	1:10.55		1:01.41*	1:01.39*	1:03.15	
200 FREESTYLE	1	2:23.42			2:23.42*				
100 BACKSTROKE	1	1:12.10					1:12.10*	1:12.35	
3/5/2006		Blake Higgins			12&OV			4/20/1991	
		SEASON	2005-6 TUR	2005-6 DUB	2005/06 MA	2005-06 IO			
		BEST	11/19/2005	1/14/2006	2/12/2006	3/4/2006			
50 FREESTYLE	4	:23.16	:24.61*	:23.82*	:23.81*	:23.16*			
100 FREESTYLE	2	:50.96		:52.02*	:54.50	:50.96*			
100 BACKSTROKE	1	1:04.78	1:04.78*						
50 BUTTERFLY	1	:27.09	:27.09*						
100 BUTTERFLY	3	:55.95		:58.54*	:57.69*	:55.95*			

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3/5/2006		Clayton Hoyt			12&OV			6/15/1993		
		SEASON	2005-6 MAR	2005-6 DUB	2005-6 WAL	2005/06 MA	2005-06 IO			
		BEST	12/10/2005	1/14/2006	1/28/2006	2/12/2006	3/4/2006			
100 INDIV. MEDLEY	3	1:17.11	1:19.96*	1:22.02		1:18.55*	1:17.11*			
50 FREESTYLE	4	:28.93	:30.13*	:30.34	:29.95*	:29.62*	:28.93*			
50 BREASTSTROKE	3	:39.33	:41.14*	:41.65		:40.21*	:39.33*			
3/5/2006		Peter Ickes			12&OV			6/24/1992		
		SEASON	2005-6 MAC	2005-6 WAL	2005/06 MA	2005-06 IO				
		BEST	12/3/2005	1/28/2006	2/12/2006	3/4/2006				
200 MEDLEY RELAY	0	2:59.01								
50 BUTTERFLY	3	:34.75		:35.68*	:34.75*	:34.75*				
100 BREASTSTROKE	3	1:21.10	1:25.85*		1:22.77*	1:21.10*				
50 FREESTYLE	2	:30.65	:31.74*	:30.65*						
50 BREASTSTROKE	3	:36.03	:37.21*	:36.66*	:36.71	:36.03*				
3/5/2006		Ben Kraemer			12&OV			10/12/1993		
		SEASON	2005-6 TUR	2005-6 MAR	2005-6 MAC	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO
		BEST	11/19/2005	12/10/2005	12/17/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006
50 FREESTYLE	1	:32.96				:32.96*	:35.12	:33.88		
50 BACKSTROKE	4	:37.89	:40.24*	:40.23*	:38.44*	:39.49	:39.05	:40.55	:38.86	:37.89*
100 BACKSTROKE	4	1:23.94			1:26.06*	1:24.80*			1:24.42*	1:23.94*
50 BREASTSTROKE	2	:45.63		:45.96*				:45.63*		
50 BUTTERFLY	1	:42.09	:42.09*							
100 INDIV. MEDLEY	2	1:23.95	1:28.77*		1:23.95*		1:26.04		1:27.44	
3/5/2006		AJ Lilienthal			12&OV			10/5/1990		
		SEASON	2005-6 MAR	2005-6 MAC	2005-6 DUB	2005-6 WAL	2005/06 MA			
		BEST	12/10/2005	12/17/2005	1/14/2006	1/28/2006	2/12/2006			
50 BREASTSTROKE	1	:37.65			:37.65*					
100 INDIV. MEDLEY	1	1:17.25			1:17.25*					
50 BUTTERFLY	1	:31.55	:31.55*			:32.53	:32.38			
50 BACKSTROKE	3	:32.91		:35.13*		:34.73*	:32.91*			
100 FREESTYLE	2	1:04.60	1:06.67*		1:04.60*		1:04.92			
50 FREESTYLE	3	:27.43	:27.97*	:27.50*		:27.43*				
100 BACKSTROKE	1	1:20.62		1:20.62*						
3/5/2006		Austin Nicholson			12&OV			10/24/1992		
		SEASON	2005-6 MAC	2005-6 MAR	2005-6 DUB	FAIRFIELD	2005-6 WAL	2005/06 MA	2005-06 IO	
		BEST	12/3/2005	12/10/2005	1/14/2006	1/21/2006	1/28/2006	2/12/2006	3/4/2006	
50 FREESTYLE	3	:29.97	:34.35*	:30.64*	:30.73	:30.66	:31.02	:29.97*		
100 FREESTYLE	3	1:11.22		1:14.30*	1:11.94*	1:14.35	1:11.22*			
200 FREESTYLE	1	2:54.90	2:54.90*							
100 INDIV. MEDLEY	6	1:21.30	1:27.26*	1:23.29*	1:24.08	1:22.28*	1:21.70*	1:21.36*	1:21.30*	
3/5/2006		Alex Peters			12&OV			6/21/1992		
		SEASON	2005-6 TUR	2005-6 DUB	2005/06 MA	2005-06 IO				
		BEST	11/19/2005	1/14/2006	2/12/2006	3/4/2006				
100 BACKSTROKE	4	1:22.31	1:31.10*	1:24.99*	1:24.92*	1:22.31*				
500 FREESTYLE	2	7:00.80	7:39.38*	7:00.80*	7:03.57					

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PROGRESSION for Short Course Yards

3/5/2006		Alex Starr		12&OV				2/2/1992		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAR 12/10/2005	2005-6 MAC 12/17/2005	2005-6 DUB 1/14/2006	FAIRFIELD 1/21/2006	2005-6 WAL 1/28/2006	2005/06 MA 2/12/2006	3/4/2006	
50 BUTTERFLY	4	:33.69		:37.45*		:36.33*	:37.18		:34.35*	:33.69*	
100 BREASTSTROKE	1	1:31.59						1:31.59*			
50 BREASTSTROKE	1	:43.03	:43.03*								
200 FREESTYLE	1	2:32.61						2:32.61*			
50 FREESTYLE	4	:28.02	:31.09*	:31.29	:30.61*				:28.78*	:28.02*	
100 INDIV. MEDLEY	4	1:20.03	1:24.12*	1:24.08*	1:21.68*		1:20.03*				
100 FREESTYLE	5	1:03.20			1:08.73*	1:06.28*	1:08.30	1:05.61*	1:04.05*	1:03.20*	

3/5/2006		Spencer Stephens		12&OV				12/25/1989		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005/06 MA 2/12/2006	2005-06 MA 3/4/2006			3/4/2006	
100 BACKSTROKE	2	:56.83				:58.10*	:56.83*				
50 BREASTSTROKE	2	:29.10				:29.81*	:29.10*				
100 BREASTSTROKE	3	1:05.19	1:12.53*	1:15.91		1:07.56*	1:05.19*				
500 FREESTYLE	1	5:48.74		5:48.74*	5:54.74						
50 FREESTYLE	1	:25.04	:25.04*								
100 FREESTYLE	1	:55.77	:55.77*								

3/5/2006		Ben Ungs		12&OV				12/1/1989		2005-06 IO		
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005-6 DUB 1/14/2006	2005/06 MA 2/12/2006	2005-06 MA 3/4/2006			3/4/2006	
50 FREESTYLE	3	:23.68	:25.81*				:24.04*	:23.68*				
100 FREESTYLE	4	:51.28	:56.65*			:52.83*	:52.21*	:51.28*				
200 FREESTYLE	1	2:01.65				2:01.65*						
500 FREESTYLE	4	5:22.61		6:08.54*	6:04.09*		5:23.93*	5:22.61*				
50 BUTTERFLY	1	:28.21	:28.21*									
100 BUTTERFLY	2	1:01.00			1:06.09*	1:01.00*						

3/5/2006		Nathan Wetekamp		12&OV				3/8/1990		2005-06 IO	
		SEASON BEST	2005-6 TUR 11/19/2005	2005-6 MAC 12/3/2005	2005-6 MAR 12/10/2005	2005/06 MA 2/12/2006	2005-06 MA 3/4/2006			3/4/2006	
200 INDIV. MEDLEY	3	2:06.50	2:19.04*			2:08.75*	2:06.50*				
100 FREESTYLE	3	:50.36	:54.17*			:51.03*	:50.36*				
200 FREESTYLE	3	1:52.08	2:00.37*			1:55.60*	1:52.08*				
500 FREESTYLE	2	5:39.98		5:44.00*	5:39.98*						
100 BREASTSTROKE	1	1:11.74		1:11.74*							